

COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,
SCORESBY, KNOXFIELD & BAYSWATER

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EDITION 93
DECEMBER 2024/JANUARY 2025

- KNOX MAYOR ELECTED
- TEMPLETON PRIMARY SCHOOL NEW BUILDING
- CUBS HAVE A WEEKEND OF MEDIEVAL FUN
- ST JUDE THE APOSTLE SCHOOL PARTNERS WITH ZOOS VICTORIA

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HOLIDAY SEASON!

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All violence against women starts with disrespect. But it doesn't have to be this way.

Support is available if you or someone you know needs help.

If you are in immediate danger, call 000.

Find out more: knox.vic.gov.au/16Days



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Editorial

Hello Community News readers,

At Christmas time, a traditional message is often shared calling for Peace on Earth and Good Will toward all. It is a message made more meaningful this year because so many people are suffering due to ongoing wars.

We can all try to embody "The Spirit of Christmas" through kindness, generosity, selflessness and forgiveness.

Christmas is a time to be together with family and friends. It is also a time to think of others and reach out to people who find Christmas difficult.

Random acts of kindness towards each other help to make life better for everyone.

At Christmas time I remember Cyclone Tracey and the Boxing Day Tsunami and the compassion shown towards people in crisis. I remember summer bushfires when Australian communities have come together and supported one another.

We have the capacity to make the world a better place, but we don't always choose to.

To quote the Dalai Lama, "Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."

Have a peaceful Christmas!

Janet Claringbold - Editor, on behalf of the team.



Thanks to Knox Library for generously providing a room for our meetings.

Jackson Taylor Update

BAYSWATER NEWS

Christmas is well and truly upon us! Before we know it - we'll be hearing Mariah Carey and Michael Bublé on the radio (if we haven't already!). So, before I kick in to my last update for the year I wanted to wish each and every one of you a very Merry Christmas, I hope you have a great new year and that you look after one another!

Locally, there's been plenty happening. We have just officially opened the new double storey classroom building at Templeton Primary School. I took a tour with Deputy Premier Ben Carroll with Principal Rodney McKinlay as well as staff and students and I was so happy at the end outcome. The new classrooms are bright, modern and exactly what the kids and staff deserve! We've also got lots of work done at Wantirna College recently on their new stadium and performing arts facilities with frames up and walls going in – this one is on track for completion mid next year and it's all part of ensuring locals have the best school facilities.

Container Deposit Scheme

More than 1 billion containers have been returned in the first 12 months of the Container Deposit Scheme (CDS Vic). That's \$100 million going back to the community. Charities and community groups have raised more than \$950,000 through the CDS for grassroots activities across the state. Keep returning!

Suburban Rail Loop

Our first four tunnel boring machines for the Suburban Rail Loop (SRL) are on the way as the project prepares for tunnelling in 2026. SRL isn't just about connecting our suburbs and taking thousands of cars off the roads – it's also about delivering more homes, more services and more jobs for Victorians.

Renewable Energy and the SEC

Renewable energy is the cheapest form of electricity. That's a fact. And through our supercharged renewables revolution we have tripled the amount of renewable energy in the grid. And recently, the largest wind farm in the Southern Hemisphere has begun feeding into Victoria's electricity grid! By 2035, 95% of our electricity will be renewable – driving bills down while keeping the lights on.

And in very exciting news - we just enshrined the SEC in Victoria's Constitution. It isn't going anywhere. It's set in stone. The State Electricity Commission is officially protected in Victoria's Constitution guaranteeing public ownership of renewable energy assets for the future.

Meaning Victorians can benefit from more affordable, renewable energy for decades to come. We'll continue to deliver projects via the SEC that make a real difference for busy families.

Road Blitz

We just announced the biggest road repair blitz in Victoria's history. That's \$964 million for Victorian roads - a record for the state. Over the next nine months crews will complete thousands of projects across Victoria with 70% of works taking place in regional Victoria. Road repair, resurfacing, patching up potholes, and maintenance on things like bridges, traffic lights and signage - it's all on the list. Locally – we have just completed repair works on Dorset Road, Mountain Highway and a huge resurfacing project on Napoleon Road. And, of course, major works continue at the Alchester Village intersection to make it safer for all road users – thanks for your patience while we get this done.

In Other News

- My 3rd Seniors Forum held at Knox Council recently was a great success and thanks to those who attended.
- Construction to start on major works at Bayswater South Primary soon.
- Funding announced for a new emergency vehicle for the Knox SES.
- Announced free camping across Victoria.

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Shout-Out

Congrats to the Knox Community Gardens on their 40th anniversary recently!

And it was an honour to attend a Remembrance Day Service at Bayswater RSL – thanks to the RSL for organising.



Jackson, Minister Ben Carroll and the team at Templeton Primary opening their brand new building recently.

Jackson Taylor MP
Member for Bayswater
Delivers for Knox

Suite 2, Mountain High Centre, 7-13 High Street, Bayswater Vic 3153 ☎ 9738 0577
f @ Jackson Taylor MP 📧 jackson.taylor@parliament.vic.gov.au



Cr. Lisa Cooper Elected Mayor



Knox Mayor, Cr Lisa Cooper and Deputy Mayor, Cr Glen Atwell.

Cr Lisa Cooper has been elected as Mayor of Knox City Council with Cr Glen Atwell to serve as Deputy Mayor for the next year.

Cr Cooper thanked her colleagues for the trust placed in her to lead the newly-elected Council.

"I'm deeply humbled by this experience ... I also want to recognise the wide skills and wisdom that we share among our team of councillors here tonight," she said following Thursday night's mayoral election.

"Every single councillor here brings so much to the table and I know over the next four years we're going to build a really great team together. I know that we are going to achieve great things together over the next four years."

Cr Cooper was first elected to represent Scott Ward in 2015 and previously served as mayor in 2020-21. The long-standing Knox resident has a background in financial services and holds a Bachelor of Psychological Science.

She thanked her family, saying that as a single mum she wouldn't be there without their support, including that of her two children who had "grown up so fast" over the past nine and a half years on Council.

Cr Cooper also expressed gratitude for the residents and community groups in Knox.

"There are some amazing people in our community that do so much for their groups and for their small communities," she said.

Cr Cooper thanked former mayor Jude Dwight who retired as the councillor for Chandler Ward at the end

of her term, recognising her competence, kindness, passion and integrity.

The new Deputy Mayor, Councillor Glen Atwell from Rowville, was elected to represent Tirhatuan Ward at the 26 October council elections. Cr Atwell served on Stonnington City Council from 2016-2020 and has a corporate affairs and higher education background. Cr Atwell is married with two boys and has openly shared the story of his daughter Ivy, who died in February at the age of eight. He is a passionate advocate for universal access, genuine inclusion and support for those with disabilities and their carers.

Cr Atwell said he was very grateful and humbled to help lead and support the new councillor team "as we embark on a new chapter for Knox".

"It is an incredibly diverse and talented team and there's enormous potential for us to be a really strong and united Council and one that's focused on transparency, integrity and working in the interests of all the Knox community," he said.

They are among nine councillors elected at the 26 October council elections to serve a four-year term.

The other seven councillors are Peter Lockwood (Baird Ward), Paige Kennett (Chandler Ward), Chris Duncan (Collier Ward), Robert Williams (Dinsdale Ward), Meagan Baker (Dobson Ward), Parisa Considine (Friberg Ward) and Susan Pearce (Taylor Ward).

For more information about councillors visit knox.vic.gov.au/councillors

AROUND KNOX

Happy 104th Birthday Irene!

Congratulations to our amazing Probus friend Irene Jackson on her 104th birthday celebrated on the 9th November.

Irene is a Foundation member of Boronia Ladies Probus, (1988) also one of the first members of our Golden Girls (ladies who attain the age of 90).

Thank you Irene for the many years you gave to our wonderful club, before retiring to your residence now at Arcare.

From all your friends at Boronia Ladies Probus Club.



Irene with daughters, Janet and Lynne

Photo by Joanne Gillies



Community News

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Knights of the Scouting Table

by Nicole Klep, District Leader of Cub Scouts.

On the 8th to the 10th of November, 100 plus Cubs from 9 Cub Units and many Cub Leaders from Knox District descended on Britannia Park Guide Camp in Wesburn for a weekend of medieval fun. The weather was just brilliant! The leaders and some Cubs dressed up in medieval costume and created an amazing atmosphere.

The Cubs made shields out of thick cardboard and created leather pouches with a game of noughts and crosses drawn on the inside of it and used coloured pebbles to play it with. Flying dragons were made out of paper and the Cubs loved riding in the billy carts whilst jousting. They got to use giant and mini catapults and they learnt how to make rope. They participated in such a wide variety of traditional carnival games, like maypole dancing, stilt walking, hula hoops and many more. The Cubs threw axes, aimed arrows at targets using bows, hammered away and played capture the flag in the dark. They went on a hike to Britannia Creek Falls and the ultimate activity was trying to get the sword out of the stone! The Cubs kept trying all weekend to pull the sword out of the stone and it was only at our final parade that one Cub successfully slid the sword out of the stone to the amazement of all the Cubs! We had a Viking group: 'Jomsborgelag Sudhird - Jomsvikings Australia' come on the Saturday night and entertain the Cubs and leaders alike. They were fantastic.

Such a ripper of a weekend! The Cubs went away tired, but extremely happy and they loved the Britannia Park Guide Camp badge.

If you are interested in trying Scouting go to: <https://scoutsvictoria.com.au/locations/all-groups/>

2nd/3rd Bayswater, 1st Wantirna South, 2nd Wantirna, 1st Knoxfield and 4th Knox are the local Scout Groups. You can try three nights for free! So come along and join in the fun. Scouting is for youth from age 5 to 26 years and after 26 lots of fun is to be had by becoming a leader!



AROUND KNOX

Bayswater Makers' Market

A mainly indoor arts and crafts market
Bayswater Senior Citizens Hall
790 Mountain Highway.

Special Christmas Market



**Saturday, December 14
10am to 2pm**

Find the perfect Christmas gifts for your family and friends. Choose from a wide range of lovingly handmade and often unique items.

We have cakes, homewares, plants, gifts, toys, jewellery, bags, babywear, cards, candles, soaps, wood crafts, books by a local author and lots of Christmas themed items including decorations.

Something for everyone and every age.

Sit down and enjoy tea or coffee and biscuits for a gold coin donation.

Christmas bonus: receive a ticket for an entry in our free raffle with every purchase. Prizes drawn each hour.

Please email any enquiries about stall bookings to bw1market@bigpond.com with photos please.

Other enquiries: Julia 9890 2546



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I'M HERE TO HELP!

My Aston Electorate Office can assist you with information about Federal Government services, including:

- Services Australia
- National Disability Insurance Scheme (NDIS)
- Medicare
- Australian Taxation Office (ATO)
- Immigration, citizenship and customs
- Passports
- Pensions, and My Aged Care
- Child support
- Veterans' Affairs

Mary Doyle MP
Federal Member for Aston



Scan to
keep up
to date



Get in touch

- ✉ mary.doyle.mp@aph.gov.au
- 📍 Suite 4, Level 1, 420 Burwood Hwy, Wantirna South, VIC 3152
- ☎ (03) 9887 3890
- 🌐 www.marydoyle.com.au
- 📱 @marydoylemp

In Aston we are delivering:

- ✓ A Medicare Urgent Care Clinic in Bayswater
- ✓ Increased funding to Knox City Council for local roads and services
- ✓ Fee-Free TAFE
- ✓ Giving every Aston household a \$300 energy rebate
- ✓ A tax cut for every taxpayer
- ✓ Extra funding for the State Government to build more homes
- ✓ Wiping \$3 billion in student debt and fixing indexation
- ✓ Paid Parental Leave

I've already delivered:

- ➔ \$66,000 in the 2023/24 Volunteer grants
- ➔ \$150,000 in Stronger Communities Programme grants
- ➔ \$35,000 in local sponsorships and community donations
- ➔ \$5,000,000 for Tormore Reserve Pavilion upgrade
- ✓ Cheaper child care
- ✓ The biggest investment ever in expanding bulk-billing
- ✓ A freeze on the cost of PBS medicines for every Australian
- ✓ A pay rise for minimum wage workers, aged care workers & child care workers

The Albanese Labor Government is helping all Australians with the cost of living.



"I'm working with our community each and every single day to get things done, delivering for Knox and to build a better future for all constituents of Aston."

☎ (03) 9887 3890

🌐 www.marydoyle.com.au

📱 @marydoyleMP

Labor

Mary Doyle MP
Federal Member for Aston



SCAN ME!
GO TO MY WEBSITE



Aston Update

with Mary Doyle MP - Your Federal Member

Tilly Aston Achievement Award

As the end of another school year approaches, I have had the opportunity to celebrate the achievements of so many fantastic students from schools across the electorate of Aston. This has been done through the presentation of the Tilly Aston Achievement Award.

The Award commemorates Matilda Ann (Tilly) Aston, the woman after whom the Federal electorate of Aston is named. Tilly Aston was a blind writer, teacher, author and poet, and one of Australia's earliest disability activists. Among other things, she fought hard for the rights of vision impaired people to be able to vote.

The award is to recognise outstanding students who demonstrate a commitment to strive for social justice, active participation in the community and have displayed courage to pursue change.

Congratulations to the winners of the 2024 Tilly Aston Achievement Award.

Building Australia's Future

My number one focus as your local Federal Member in the Australian Government is helping people with the cost of living.

The cost of living is the major pressure on people in the community, and it's the number one focus of

this Federal Labor Government. We're coming at this cost-of-living challenge from every conceivable, every responsible angle, whether it is tax cuts for every tax payer, energy bill relief, cheaper medicines, cheaper early childhood education, rent assistance, wage increases, tackling supermarket price gouging and the changes we're making to lower student debt.

What we have achieved together in our economy since 2022 under Prime Minister Anthony Albanese and a Federal Labor Government, is inflation dropping to half what it was, real wages growing again, a million new jobs, tax cuts for every taxpayer, two budget surpluses and savings of \$80 billion in interest repayments on the debt racked up by the Coalition.

We're not there yet, but we have made a huge, and very welcome, progress. The Federal opposition have voted against each of our Government's measure to help Australians with cost-of-living relief.

The Albanese Labor Government will keep working, each and every day, to take the pressure off you.

The Festive Season

As Christmas and New Year approaches, I would like to wish you and your family all the very best. I hope it is full of love and joy and that you have a safe and happy time, however you celebrate.

AROUND KNOX

At this of year it's time to slow down, reflect on the year that has been and spend time with loved ones. For me, I take time to be thankful for my own loved ones and fondly remember those family and close friends who are no longer with us. I am also reminded of the very great privilege of being the Member for Aston and of serving the good-hearted, generous people in this incredible community and the work they do for those who are less fortunate.

Through my position as the Federal Member, I get to see some of the incredible work that our local religious groups, charities and schools do throughout the year and, particularly during the festive season, in caring for those who are alone or need a bit of extra help. Please consider donating to one of these organisations or helping out, if you can give a bit of your time.

My office will be closed from December 20th and reopen on Monday January 13th. However, emails at mary.doyle.mp@aph.gov.au will be checked periodically.

Enjoy the break, stay safe and I look forward to seeing you when I'm out and about in Aston in 2025.

Merry Christmas, happy festivities, happy holidays, however you celebrate, do it well!

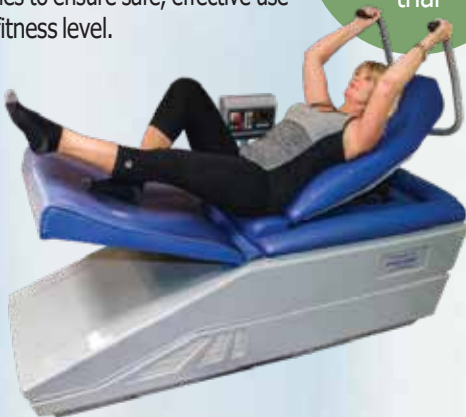
Mary Doyle MP

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What's Happening At Community Pharmacy?

with Jason,
Pharmacy Manager



Get Your Free 2025 Calendar with Any Retail Purchase!

We are excited to announce that our 2025 Calendars have arrived and are ready for our members!

Simply make a non-prescription purchase and be a member to receive your free 2025 calendar.

Hurry, as they're only available whilst stocks last.

Exciting Competitions this December

We are thrilled to announce two exciting competitions running over parts of December! First, our "Colour-in-to-Win" promotion kicks off on Monday, 27th November and closes on Wednesday, 20th December. Kids are invited to collect and colour in a sheet from our store and submit it before the end date to go in the draw to win from a number of fantastic prizes.



Additionally, our "Summer Win" promotion is live from 5th November to 15th December. Customers who spend \$40 or more on non-prescription items will be entered into the draw to win one of 10 major prizes, \$1,000 VISA gift cards. Multiple entries are permitted, but limited to one entry per day.

Paws & Claus Celebration

Join us for the Paws & Claus Celebration on Saturday, 14th December 2024, from 11:00 AM to 2:00 PM at Wantirna Mall! This festive event promises fun for the whole family with activities like FREE photos with Santa for kids and dogs, a Christmas tree decoration contest with exciting raffle prizes and a special arrival of Santa on a fire truck by the Bayswater Fire Brigade. Enjoy live performances by St Luke's Primary School Choir and other engaging entertainment. No Bookings or entry fee are required. Don't miss out on this magical community gathering.



We Care For - Knox Infolink

During November and December our "We Care for" initiative is in full swing as we strive to give back to our community. We are proud to support the Lions Club Wantirna again by selling their delightful Christmas cakes with all funds collected contributing to the club's valuable initiatives.



Additionally, we are partnering with Knox Infolink, a crucial local organisation, to set up a collection box in-store accepting donations for essential everyday items. This initiative aims to provide gifts and essential items to individuals and families facing financial hardships during the holiday season.

We welcome any donations from our community to support their amazing cause. It is a privilege for us to contribute to this heartwarming effort and we are grateful for the opportunity to make a positive difference in the lives of those in our community during the festive season.



Community Pharmacy Wantirna

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348 Mountain Hwy, Wantirna

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Remember to jump on to our website, sign up to our newsletter and follow us on Facebook & Instagram to keep up to date with all our latest news!

Website: www.communitypharmacy.com.au

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WANTIRNA NEWS



Community Bank Wantirna, Malvern East, and Murrumbeena Celebrate \$401K in Community Contributions for FY24

In a remarkable demonstration of community support, Community Bank Wantirna, alongside its sister branches in Malvern East and Murrumbeena, is celebrating its \$401,000 contribution to local projects and organisations for FY24.

Senior Branch Manager Ruth Hall highlighted the impact of the bank's "profit-with-purpose" model, stating that these funds have bolstered community infrastructure, educational programs, the arts, health initiatives, and cultural diversity, enhancing spaces where community members live, work, and play.

"Customers and their communities are at the heart of who we are at Community Bank Wantirna, Malvern East, and Murrumbeena," Ms. Hall shared. "Thanks to our customers, every day we're able to make a tangible difference simply because they choose to bank with us. This model enables us to reinvest our profits directly into the communities that helped generate them".

The \$401,000 in FY24 profits was allocated across various sectors:

- Sport & Recreation
- Health & Wellbeing

- Environment & Animal Welfare
- Emergency Services & Support
- Education & Research
- Community Facilities & Infrastructure
- Arts, Culture & Heritage

This funding has supported 22 significant projects in Wantirna and beyond. Some of the organisations benefiting from these contributions include Warriors 4 Wildlife, Wantirna South Football Club, the Babes Project, Wantirna South Junior Football Club, MAD Foundation, The Knox School, Chinese Association of Victoria, Manhattan Eightball Club, Templeton Tennis Club, Outer East Foodshare, Daisy Homes, Knox Info Link, Rotary Club of Rowville-Lysterfield, Orana Neighbourhood House, Wantirna Mall Commercial Traders Association, and Studfield Wantirna News.

These contributions underscore the bank's role as a vital community partner, showing that community banking is about more than finances—it's about fostering sustainable growth and improving the quality of life for local residents.

For community members who wish to make a

difference simply by banking locally, Community Bank Wantirna Branch Manager Leigh Conway invites them to visit the branch or reach out to discuss how they can contribute to ongoing community success. Leigh Conway can be contacted directly at 0409 107 472 or via email at leigh.conwa@bendigoadelaide.com.au.

Exciting changes are on the horizon for Community Bank Wantirna as we continue to evolve in meeting our community needs. Keep an eye on this space – big things are coming!



Wantirna Lions Club –Support Your Community with a LIONS CHRISTMAS CAKE

To support the Wantirna Lions Club's numerous community projects, it will again be selling the fantastic Christmas Cakes and Puddings in our local community.

It would be great if you can support the Lions Club by purchasing a Cake and or Pudding.

Available at:

- Wantirna Mall - Community Pharmacy, Community Bank Wantirna Mall, V2Post Office & Newsagency Wantirna Mall
- Studfield Shopping Strip-Amcal Pharmacy
- Mountain Gate Shopping Centre-Providence Food, Post Office
- Bayswater-Commonwealth Bank
- Knox City Centre- Westpac Knox
- Wantirna Retirement Village
- Wantirna Lions Club- Contact Paul 0400823441

If you would like to know more about the Wantirna Lions current projects or membership please see www.wantirna.vic.lions.org.au , FaceBook: @Lions Club of Wantirna, Email: wantirna@lionsclubs201v5.org or contact Paul Garvey 0400823441



WANTIRNA NEWS

Wantirna Heights Probus Club News

The Docklands Discovery Tour our club took recently was extremely interesting. We floated on calm waters in broken sunshine whilst a volunteer from the Friends of Alma regaled us with some interesting historical facts as well as explaining current facilities and practices (e.g. Melbourne has been a very busy port since the 1850's gold rush and is the largest container port in Australia.) Historically, the port played a major part in the development of rail,

road and tram services in Melbourne. Also paddle steamers were instrumental in developing Port Philip Bay ports and tourism to Queenscliff and Sorrento.

Some older boats moored added interest. The Alma Doepel, a wooden boat, is currently being restored by a dedicated band of volunteers and it is hoped it will commence sail training in 2026. Other boats moored were a barge, tug boat and a replica of The Enterprise, the first ship to sail from Tasmania to

Melbourne. An interesting modern statistic was the carrying capacity of the Westgate Bridge. When it was first built it carried 40,000 vehicles per day with a weight limit of 25 tonnes per vehicle. Now the limit is 68 tonnes and it carries 160,000 vehicles per day. We found the tour fascinating and very enlightening and thoroughly recommend it.

For more information about our club please contact Michael on 0439 551 209



Orana Neighbourhood House

Here for the community, this year and beyond

Orana wishes our community a happy and safe end to 2024!

Like everyone, we are winding up the year and would like to thank everyone who has come through our doors to participate in many activities ranging from tai chi to cooking, clay animation for kids, financial management, mosaics, and horticulture! This year we have added more classes to our offerings including getting ready for work programs, sound bathing, English conversation classes as well as offering monthly walks and afternoons for carers.

Through the support of Knox Council, we hosted many free community lunches that provided a wonderful opportunity for people to connect and celebrate important events. We also worked to combat social isolation through our connecting through craft afternoons as well as bridging the digital divide with tech drop-in sessions.

A huge thank you to Bendigo Bank and the Rowville Men's Shed who helped to make our street frontage more vibrant and inviting. We installed a large community noticeboard and street library – please come and have a look!

We have some exciting new programs for 2025. Check out our 'Kids Retreat' in January for when you're getting to the pointy end of school holidays – think 3 fun facilitated activities for \$30! Craft, gardening and yoga! And our new Health Services short course to help people pathway into TAFE and then onto a career in the health industry, in proud collaboration with Swinburne University.

To view all of our classes, visit our website www.orananh.org.au or pop in to see us at 62 Coleman Road, Wantirna South (office closed 18th Dec – 13th Jan) to collect a flyer, or email info@orananh.org.au or call 9801 1895.



FREE

Introduction to working in the Health Services Sector

8 weeks in evenings - Tuesdays 6-8:30pm, 4th Feb - 25th Mar
4 week intensive - Wednesday 9:30-2:30pm, 5th Feb - 26th Feb
 Orana Neighbourhood House, 62 Coleman Rd, Wantirna Sth

This is a FREE pre-employment short course aimed at people who want to study Certificate III in Health Services Assistance at Swinburne Wantirna, in order to gain employment in the care and support industry.

Topics include:

- Overview of Health Services Sector, including the various roles and opportunities available in this industry
- Communication skills to work effectively with others.
- A basic understanding of medical terminology, healthy body systems, infection control & workplace health and safety procedures

Career opportunities include:
 Health services assistant, Food services assistant
 Personal care assistant, Patient services assistant, Ward assistant

Scan to book:



8 week evenings



4 week intensive

Pathways to study and work



KIDS Retreat

School holiday workshop

Monday 13th or Thursday 16th January, 10-3pm
 Orana Neighbourhood House
 62 Coleman Road, Wantirna South

Come along for a day of craft, gardening & yoga!

Join our experienced craft tutor, Anne Hayes, horticulturalist, Liz Rowe and yoga trainer, Sherie Lamb for this extra special day of fun activities.

10-12 messy craft activity
 12-12:30 lunch in the park
 12:30-2 gardening workshop
 2-3 yoga class and short shavasana/relaxation to finish

\$30 per child for the day
 Please bring your own lunch, but all materials, icy poles and popcorn snacks provided.

Suitable for primary school age children, 6-12 years. Parents feel free to drop and go, or stay and use our community space for work. Places are limited. Scan QR or call the Orana office 9801 1895.



MONDAY



THURSDAY



Combined Probus Club of Studfield-Wantirna

We are a friendly club of men and women who meet on the second Tuesday of each month (except January) at 10.30 am at the Knox Club, Cnr. Stud & Boronia Roads, Wantirna. The meetings begin with a short business session followed by a morning tea/fellowship break. A guest speaker will then talk about their chosen subject. For the month of November our guest speaker was Dr Andrew Horwood who gave a very informative talk about pain management. Meetings usually finish by 12.30 and most people stay on for lunch at the Knox Club at a cost of \$25.00. A book exchange operates at each general meeting. We have an outing every month to a variety of places and various activities including a Walking Group each Monday, Dine-Out and Happy

Hour each alternate month. Coffee Club is held on the last Friday of each month. Men's Lunch is at Boronia Hotel on 1st Monday of the month and on the same date Ladies Lunch at Knox Tavern.

Recent events include Christmas lunch at Club Kilsyth, Dine-out at Asia Garden Chinese Restaurant, Breakfast in January at Ora D'oro and a Bus trip to Noojee in February. A car rally will take place in March. In October, 2025, a 6 days/5 nights fully escorted trip to Mount Gambier & Portland is scheduled. Our monthly newsletter keeps everyone up to date on all activities and outings.

If you would like to join our Club, or require any further information, contact Ruth on 0412 324 017.



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Girl Guides Make New Friends

By Rebecca Whitehead
2nd Wantirna Heights Guides

For one glorious weekend Girl Guides from across the City of Knox enjoyed Guide Camp together. The theme for camp was Camp Star Wars which provided the girls with many themed activities. It was also a great icebreaker for them to initiate conversations and improve their communication skills in a fun way.

Each patrol of Guides contained girls aged from grade 6 through to Year 9 ensuring a good mix of skills, ideas and abilities. This enabled the patrols to work together to solve puzzles, work out clues and unlock a prize in the escape room activity.

The adventure tower at Britannia Park is a new experience which all the Guides loved. Climbing up the wall and abseiling back down taught real world resilience and a sense of achievement. The flying fox was simply awesome with lots of happy squeals and smiles from everyone.

Challenge valley is a classic, rope nets, tyre swings

and balance beams. The older Guides excelled and explaining ideas and supporting the younger Guides to work climb over, under and through all the stages.

Our menu was an absolute feast with the Guides themselves choosing the menu and cooking. Camp nachos with homemade guacamole, spaghetti bolognese with garlic bread, bacon with eggs and rainbow pancakes with berries.

Thanks to all the Guides who came along to try this new experience and to the volunteers that made it happen.

Our Girl Guide groups currently have vacancies for girls aged 6-16 and provide a welcoming space for girls to make friends, laugh and learn new skills – and the first three visits are free.

You can find out more about Guides in your area scanning the QR code or visiting www.guidesvic.org.au/be-a-guide



News from Heathmont College

A Night To Remember!!

Heathmont College's inaugural Twilight Craft Market was held on November 12 and was an absolute hit! Despite Melbourne's unpredictable weather, the local community, staff and students turned out in full force.

The market offered a fantastic variety of items – from homemade crafts and handmade cards to yummy jams, hot chilli products, books, sweet treats, and personalised caricatures.

With an impressive Art Exhibition and talented musicians and performers keeping the crowd entertained, it was a night to remember!



Merry Mathing From Heathmont College

Here are some Christmas themed maths questions from our college teachers to test your brain! Get ready for a festive challenge that combines holiday cheer with problem-solving skills. Put your maths abilities to the test this season. Enjoy the festive fun and exercise your brain!

Question 1.

On Christmas Eve the children of one family left a note for Santa saying that all the girls would like a puzzle each and all the boys would like a book each. They left Santa this riddle to solve:

The girls have twice as many sisters as brothers and the boys have five times as many sisters as brothers.

How many puzzles and how many books did Santa leave for the children?

Question 2.

Christmas trees are planted in a rectangular array of 10 rows and 12 columns. The farmer chooses the shortest tree in each of the columns and then marks the tallest of these 12 shortest trees with a letter A. Then the farmer chooses the tallest tree from each of the rows and marks the shortest of these 10 tallest trees with a letter B.

Which is the taller tree, A or B?

Question 3:

Santa must visit 8 houses on a straight street. He starts at the North Pole and travels to each house in order, one after the other. If the distance between each house is 500 meters, how far does Santa travel to deliver presents to all 8 houses and return to the North Pole?

Question 4:

A school has three choirs that plan to sing Christmas carols. The first choir sings every 4 minutes, the second every 6 minutes, and the third every 9 minutes. If all choirs start singing at 3:00 pm, at what time will they all sing together again?

Answers are on page 19

News from Wantirna College

Farewell Year 12's

The Wantirna College community farewelled their graduating students with a week of special activities that culminated in Celebration Day; A new tradition to mark the final day of Year 12.

Over the week, Year 12's had a daily themed Dress Up day with themes such as Anything

But A Bag Day (with some very creative alternatives to a school bag) and Old Person Day, where the following conversation was overheard between two students at their lockers, "Yes,

my eldest granddaughter just got her L's", "That's nothing, MY eldest granddaughter just bought her first house!". The Primary School themed day is always popular with students wearing (and somehow fitting into!) their old Year 6 uniform and local Primary School Principals invited to attend and share a special BBQ lunch, where they were given flowers from their cohorts.

On the final day of Year 12, parents and carers were invited to participate in a special Morning Tea with staff, before joining Years 9 to 11 for the annual Celebration Day assembly. Year 12 students filed into the assembly hall to

loud applause, wearing their altered uniforms. Between four student band performances, speeches were given by the College Captains, Assistant Principal, David Black, and Year 12 parent, Michelle Ross, who gave the Parent's Farewell address. Finally, parents and staff formed a guard of honour to Farewell the Year 12's from school as they left the assembly. This ended with many emotional moments, as students, parents and teachers mingled on the oval to take photos and say their goodbyes.





Wantirna Primary School A Nurturing and Inclusive School

EDUCATION NEWS

We have amazing student to teacher ratios which provide personalized learning opportunities for all.

Wantirna Primary School offers a nurturing and inclusive learning environment fostering independence and confidence in all students. With a focus on social responsibility, resilience, and tolerance, we cultivate the knowledge, skills, and attitudes essential for lifelong success.

Our curriculum, aligned with the Victorian Curriculum, ensures students receive a well-rounded education. Through high-quality teaching, assessment, and reporting, we deliver engaging lessons that inspire curiosity, challenge, and joy.

In addition to core subjects, our curriculum emphasizes achievement in English and Mathematics, supported by strong partnerships between students, teachers and parents. Parental involvement is encouraged through various activities such as classroom assistance, open days, and school excursions.

At Wantirna Primary School, we offer specialist learning in STEM, The Arts, Physical Education, Cultural Studies and Auslan (Sign Language). Our Before and After School Care Program provides convenience for families operating from 7 am to 8:45 am and 3:30 pm to 6 pm daily.

We prioritize community engagement through events like Community Lunches and cross-age activities tailored to our school's needs and interests. During break times students enjoy social activities like gardening, imaginative play, and sporting competitions.



Why select Wantirna Primary School for your child?

We have a smaller school environment so students receive more personalized attention from teachers and staff. This individualized approach allows educators to better understand each child's unique strengths, challenges, and learning styles, tailoring instruction to meet their specific needs.

Our school has a strong sense of community and belonging. Students, parents, and staff often form closer relationships creating a supportive network that fosters a nurturing and inclusive atmosphere. This tight-knit community allows for more effective communication and collaboration between all stakeholders ensuring that everyone is invested in the success and well-being of every child.

Our school offers a more intimate learning environment where students feel safer and more comfortable expressing themselves. With fewer students there are fewer distractions and disruptions allowing for a more focused and conducive learning environment. This can lead to increased engagement, participation and academic achievement among students.



Our dedicated teaching staff ensure every child feels valued and supported, fostering a challenging yet motivating environment for academic excellence. Prospective parents are invited to experience Wantirna Primary School firsthand through personalized tours available by contacting us at 9801-1938 or wantirna.ps@education.vic.gov.au. Join us in nurturing your child's potential for a bright future.



We prioritize holistic development emphasizing not only academic excellence but also social, emotional, and character development. By fostering values such as empathy, compassion, and responsibility our school helps students develop into well-rounded individuals who are not only academically proficient but also compassionate and socially conscious citizens.

Selecting our school for your child will provide parents with the assurance that their child will receive the individualized attention, support, and sense of belonging needed to thrive academically, socially and emotionally.

Why wait, contact us today on 9801-1938 or at wantirna.ps@education.vic.gov.au

120 Mountain Highway Wantirna
Website: www.wantirnprimary.vic.edu.au



What's new at Your Library? by Karla Simon

As we move into another fabulous year at the library, we're celebrating the best reads of 2024 with our 'Reader's Choice' Book of the Year poll. Readers can nominate from our list or choose their own. It can be fiction or nonfiction, adult or junior, physical or digital, print or audio, new or old. Voting is open from 1 Dec - 31 Jan. One lucky voter will win a fantastic prize! Keep an eye on our website (yourlibrary.com.au) in the lead up or ask our friendly staff!



New books and DVDs

Enjoy an excellent selection of the latest books and DVDs at Your Library. To place a free reservation on any of the titles below and more, visit yourlibrary.com.au.

Top Reads

- Dropping the mask / Noni Hazlehurst
- Ottolenghi comfort / Yotam Ottolenghi
- Odyssey / Stephen Fry
- Juice / Tim Winton
- Highways and byways / Jimmy Barnes
- Salad for days / Alice Zaslavsky
- Women living deliciously / Florence Given
- Frankie / Graham Norton
- Here one moment / Liane Moriarty
- From here to the great unknown: a memoir / Lisa Marie Presley, Riley Keough

New DVDs

- The beekeeper
- Call the midwife. Series 13. Christmas special
- The crown. The complete final season
- Fast Charlie
- Four lives: the mini-series
- Goodbye Julia
- Imaginary
- Murder in Provence. Series 1
- Wicked little letters
- La La Land

Events at Your Library

Attend exciting events and activities at Your Library! Book your place (where needed) by calling 1300 737 277, in person at any library branch, or online via our website events.yourlibrary.com.au.

Christmas Decoration Workshop

WED 4 DEC, 3PM – 5PM

Boronia Library, Park Cres, Boronia

Drop into our Christmas workshop to make some unique Christmas decorations for your home. No need to book! (FREE)

Sustainable Christmas: Create Your Own Festive Baubles

MON 16 DEC, 1:30PM – 2:30PM

Bayswater Library, Mountain High Shopping Centre, Bayswater

Join us at Bayswater Library to celebrate the Christmas Season by creating baubles from fabric scraps. All materials will be supplied. Bookings required (FREE)

Festive Book Chat

WED 18 DEC, 2PM – 3:30PM

Ferntree Gully Library, 1010 Burwood Hwy, Ferntree Gully

Come along for a very special literary afternoon. Discuss festive books you have enjoyed, find out what the library staff have been reading, and discover the latest from the world of books. Bookings required (FREE)

Laughter Yoga & Meditation with Lynette

SAT 4 JAN, 11AM - 12PM

Boronia Library, Park Cres, Boronia

Get ready to laugh your stress away! Join Lynette, from the Ferntree Gully Laughter Club, for a unique and fun workshop on Laughter Meditation. Through a series of playful exercises, Lynette will help you tap into your inner child and find your sense of humour. You'll learn how to breathe deeply, release tension, and experience the physical and emotional benefits of laughter. Bookings required (FREE)

Board Games at Knox Library

SUN 1 DECEMBER, 12PM - 5PM

Rowville Library, Stud Park Shopping Centre, Rowville

Join us to play some board games together! All welcome - board games will be provided. No need to book! (FREE)



Oracle Bone Script & Calligraphy

SAT 11 JAN, 2PM - 4PM

Rowville Library, Stud Park Shopping Centre, Rowville

Join us in a unique workshop where you will explore the ancient practice of calligraphy using oracle bone scripts, a fascinating precursor to modern Chinese characters. Immerse yourself in this meditative art form that not only enhances concentration and focus but also calms the mind. Bookings required (FREE)

Volunteer Adult Literacy Tutor Information Session

WED 15 JAN, 4PM - 5PM

Rowville Library, Stud Park Shopping Centre, Rowville

Are you interested in sharing your love of reading and writing? Do you have skills or knowledge that could help others? We need volunteer adult literacy tutors! No experience necessary. Initial and ongoing training and support provided. Come to our volunteer information session to find out more. No need to book! (FREE)

Do you know someone who needs help with.....

- Reading?
- Writing?
- Spelling?
- English Conversation?

1 to 1 literacy support is available for adults at Your Library



Contact Mel to find out more

0408 379 026

volunteers@erl.vic.gov.au



Mountain District LEARNING CENTRE

ARTS & ENTERTAINMENT

News from the Australian Jazz Museum

Proactively Collecting, Archiving and Disseminating Australian Jazz.



New AJM Double-CD *by Ken Simpson-Bull OAM*

For twenty-five years the Jazz Museum has been regularly releasing rare jazz recordings from its archives in the form of Compact Discs. Now, for the first time, a new "Rare Collectable Jazz" double-CD set has been made available as a downloadable version as well as the usual physical version.

For the creation of this new double CD set the Australian Jazz Museum consulted with Bob Whetstone, former trumpeter with the Melbourne-based Maple Leaf Jazz Band. During the research many excellent unreleased recorded examples of the band were unearthed.

The band had its origin in the 1970s when a ragtime trio played Scott Joplin's "Maple Leaf Rag" at the Canada Hotel in Melbourne. Kim Rushworth became leader.

The selected tracks feature the Maple Leaf Band at its best from 1975 to 2007. Many of the musicians,

including the leader, are no longer with us, but their music lives on.

The downloadable version can be simply obtained from the Museum's website. Your email address and credit card details are requested and a file is then made available to be downloaded to your computer. The audio download includes a PDF of the multi-page booklet. The advantage of the download version is that it is immediately available and only costs around half the price. The music can thus be played in whatever way you choose. For example, from a USB Memory stick which can be played on most CD/DVD players. It is available at: Maple Leaf Jazz Band – AJM055 (Digital) Australian Jazz Museum. Previous CDs will soon become available in this form in keeping with modern trends.



The Australian Jazz Museum

15 Mountain Highway, Wantirna is open free to the public on Tuesdays from 10am to 3pm. For Group visits, which include refreshments and a live band performance, email tours@ajm.org.au Enquiries: Ring 9800 5535 on Tuesdays. Website: www.ajm.org.au



Community Music and Performances Inc.

Jazz on Sundays

**Ringwood RSL
16 Station Street, Ringwood**

**December 8th
1:30pm - 5:30pm**

Doors open at 1.15pm

A friendly event with great musical entertainment all afternoon.

Bookings – trybooking.com/BVWQE
Facebook: CMaP Inc – Community Music and Performances Incorporated

More info:

Ann Craig – 0412 063 603

Wantirna
FARMERS & MAKERS MARKET

Final Market for 2024

Saturday

December 15

Fresh Produce, Handcrafted Goods and more
9AM TIL 1PM

On the grounds of Wantirna Primary School
120 Mountain Hwy Wantirna

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[email wantirnafmm@gmail.com](mailto:email.wantirnafmm@gmail.com)

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**DECEMBER EXHIBITION
'SYNERGY'**

**November 12 to December 14
Fridays 1- 4pm Weekends 11- 4pm**

We are excited to be sharing this exhibition with The Ringwood Arts Society.

The display of some 90 artworks will be independently judged and awarded.

Running for an extended time, this is a great opportunity to purchase a wonderful piece of artwork.

FREE ENTRY ALL WELCOME

JANUARY EXHIBITIONS

RON CHU'S STUDENTS

Come along and enjoy the wonderful talent of Ron's Students

JANUARY 11 & 12

"MEG"

JANUARY 18 to 26

This will be a Lovely Exhibition Curated by Geoff Eddy

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www.thehutgallery.com.au

KNOXFIELD & SCORESBY NEWS



Hello from Knoxfield Ladies PROBUS Club by Leonie Taylor

Our members travelled to McClelland Sculpture Park & Gallery in Langwarrin for a welcome morning tea then wandered the Park scrutinizing the many and mostly large sculptures displayed in this beautiful Park. The sculpture titles were also studied, some we agreed with, others were puzzled over. It was a very calm and pleasant morning strolling the paths before boarding the bus again to travel to Rosebud for lunch at the R.S.L. Club, one of our favourite lunch stops. Our very helpful and amusing Knox Council bus driver Phil suggested that we take the scenic route along the Bay coast back to Wantirna which was most enjoyable..

The Dinner Club met at the Ferntree Gully Hotel for a buffet meal with so many different foods on offer, it was difficult to choose. Needless to say we all enjoyed making those tough decisions.

As sometimes happens, our nominated speaker was unable to attend our meeting, so some of our members accepted the invitation to bring an object, photo, or to just chat about something of significance to them that they thought would be interesting to the members. As these chats were very well received, perhaps we will schedule another "get to know our members" talk time.

As this is being written in the second week of November we are looking forward to Yvonne the Gadget Lady bringing her wares for us to buy at our next meeting which will be handy with Christmas on the near horizon. With a lunch at the Wheelers Hill Hotel, the Dinner Group meeting at Montania's Restaurant Mountain Gate, and then Christmas Lunch at the Wantirna Club, we are happily winding

up our successful year doing what we do best.

We meet at the Wantirna Club every third Wednesday of the month at 10.30am. Lunch in the Bistro is at 12.30pm. You are welcome to join our friendly Club. Please call Jo our Membership Officer on 0414 914 091 for details.



Community News

Available online at
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2-6pm Tuesday: Showers of Hope Free shower and laundry facilities available for those in need.
6-7pm Tuesday: Cavell Kitchen Free community meals.
10-11.30am Friday: Mainly Music Music and activities for preschoolers and their carers.
7.30-9.30pm Friday: Emerge Youth Small groups and activity nights for Year 7 - 12 students.
CAP Money Course Free money mentoring/course - contact us for details.

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KNOXFIELD & SCORESBY NEWS

Fighting Extinction Program

St Jude the Apostle School, Scoresby, is partnering with Zoos Victoria in its Fighting Extinction initiative. Through this program the students have become very passionate about the environment and are learning about how we impact animal habitats.

The partnership has helped the students and teachers focus on caring for our common home and stewardship. Taking responsibility for our daily choices has a big impact on our world. The things we buy and use are made from products that might come from where animals live or used to live. Humans take up a lot of space and resources, often at the expense of animals. It is estimated that humans have wiped out over half of the animals on the planet since 1970!

Andrew Eadon, Zoo Educator, visited the school and met with the team on a number of occasions. Did you know there are 27 priority species that Zoos Victoria are fighting to save from extinction in Australia? Andrew presented at the school's STEAM Showcase, and shared his passion and wisdom on animal conservation with students, staff and parents. In November schools involved in the program come together for a showcase to share how they are doing their part to support protecting habitats, creating awareness in the community and other actions to keep our precious animal species alive so they don't just become another extinction story. We are hoping to inspire others to take action and help



conserve wildlife and wild places. If we all make small changes, then collectively we can make a big difference. The Zoos Victoria Fighting Extinction webpage has ways you can help too: <https://www.zoo.org.au/fighting-extinction/>.

Tim McMullen, Principal
St. Jude the Apostle Primary School
53 George Street, Scoresby
(03) 8761 9600



KNOXFIELD NEWSAGENCY
1597 FERNTREE GULLY ROAD KNOXFIELD VICTORIA
TEL: 9764 8260 FAX: 9764 9215
EMAIL: knoxfieldnewsagency@hotmail.com
Monday to Friday 7.00am to 5.30pm
Saturday 7.30am to 3.30pm
Sunday 7.30 am to 10.30am



i | s | h | r | e | d Community Day

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Our upcoming Community Days are on Saturday, 18th January and Saturday 15th February from 9am — 12noon

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ENVIRONMENTAL NEWS



What's been happening at the Ringwood Field Naturalists Club ?? by Alison Rogers

Excursion

September: Excursion No2 - Boomers Reserve Panton Hills. Leaders Alison and Peter R

Twenty-nine members attended an excursion to Boomers Reserve. This is an area that RFNC have visited for many years in Spring. The focus was to see orchids, local bush wildflowers and birds. Walking through the area we found many orchids on the edge of the tracks and were able to spy some rarer orchids fenced off in enclosures which have been provided to preserve species from native animals grazing. Wallabies were seen on the day.

Wildflowers included, pea flowers, pimeleas, love creeper, heath, wattles, hovea and more.

A number of birds were recorded as well as a couple of colonies of Double-spined dolly ants. Something that we don't remember seeing before. A picnic lunch was held at St Andrews after which members went their own way to other local sites.



Platypus - Photo provided by Ecology Australia

Meeting

October: Speaker Gemma Snowball - Title: "Platypus – Unique egg-laying mammals and urban environments".

Gemma works for Ecology Australia and undertakes a lot of survey work in populations across the Greater Melbourne area. Gemma provided a brief look at the biology of the platypus. This was followed by a look at distribution, foraging ecology and their reproductive calendar. She also spoke on threats to animal populations, how they undertake monitoring of animals, as well as distinguishing traits to the Rakali, (The rakali, also known as the "Australian Otter" or water-rat, is an Australian native rodent). Her talk was accompanied by images taken of the platypus on her research trips

Excursion

Excursion to Cribb Point. Leader Jack A

Twenty-seven members enjoyed beautiful sunshine and fields of orchids in the areas around Cribb Point. First stop there were many Sun orchids which were all out in response to the warmer weather. Moving on we saw other varieties in a local bush area. Following lunch, we moved to Stony Point where more species of sun orchids, leek orchids and many low growing native plants were in flower.

A wonderful day out, seeing so much and enjoying the wonders of nature. Thanks Jack.

South Eastern Australia Naturalist Association (SEANA) WEEKEND AWAY

Marysville Spring Camp hosted by Ringwood FNC Oct 25th Friday, Oct 26th Saturday and 27th Oct Sunday.

A very successful weekend was held with 96 people attending from all over Victoria. Those present were taken to local Marysville sites looking at different flora and birds. These areas included, Mt Cathedral, Lake Mountain, Alexandra, Buxton for the 'Meeting of the waters', Steavenson Falls, Cambarville Trails and many short walks around the town. For many who come from warmer parts of Victoria, they were delighted to see our beautiful tall gum trees and green fern gullies.



Tree ferns - Photo Alison Rogers



Pink Sun orchid - *Thelymitra carnea* - Photo Alison Rogers

In the evenings after wonderful locally catered meals (thanks Fragas staff), different speakers had been engaged, before we all staggered to our beds after very full days of walking.

Well done to those from RFNC who organised this weekend.

Meeting

November: Richard Austin on "Native Orchids on Melbourne's Fringe".

Richard spent time explaining to us about a project that was started over 15 years ago listing over 130 orchid species in a target area. This included setting localities depicting the type (for a particular species) location. Of the type species, one is believed extinct and

a further seven are not found in the type locality. The type locations are Mornington Peninsula, The South East, The East, North East and Out West. Richard then provided images of the species type and where the type was found.

Beautiful examples were shown during the presentation making us all very envious, but eager to look more closely when in our local bush areas.

Future Program

11th Dec meeting 2 short talks from members:

Warwick D-"Breathtaking birds" and Nicky Z-"Urimbirra – a little block in the desert"

January 8th 2025 Outdoor Meeting Warriem Reserve, Zealandia Rd W, Croydon North Meet at 6.00 pm in the car park for a picnic tea, followed by a short meeting, and then a stroll through the Reserve bushland paths.

12th Feb Speaker: Ross Field - "Butterflies of the Dandenong Ranges and eastern suburbs"

As you can see, we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10). All visitors are welcome. For more details phone Alison 0438 6946 00 or Peter on 0409 6946 23. Check out our Website <http://www.rfnc.org.au> for details of our next meetings.

To our Face book and Community News readers we wish you a Very Merry Christmas and a Safe and Healthy 2025

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Knox Environment Society

Lilies in the Spring Garden by Anne Morton

The first flush of Spring is now past, but that doesn't mean there are no indigenous plants to brighten our gardens. From mid spring it is the turn of the lily!

After the very successful Spring Garden Party, the Knox Environment Society still has some very interesting indigenous plants available for sale. Some of the best of these are lilies and I have included 3 of them here.

Chocolate Lily *Arthropodium strictum*

Chocolate Lillies are a most attractive and adaptable plant with chocolate scented purple flowers that brighten any garden or natural bushland setting.

Long leaves appear in winter, with flowering between September and December. The plant will become dormant from late summer so if you have them in your garden, be careful not to dig them up. Leave them alone and you can be confident that they will reappear again in winter.

They are happy in well drained soils in full sun or part shade. Bees and other insects are attracted to the pretty flowers.



The Chocolate Lily has bush food value, mainly from its juicy tubers, which can be eaten raw or cooked. These edible tubers usually grow to around 3.5cm in length, around 15cm below the surface. Tubers can be eaten raw when young, or just lightly roasted. The tubers are ready for harvest when the plant is in bloom. The flowers are also edible and may be added to salads or used as decorative toppings for cakes, biscuits and tarts.

As an ornamental, this attractive plant is suitable for mass plantings, as well as adding beautiful colour to rockeries and paved spaces.

Bulbine *Bulbine bulbosa*

Another attractive species, this time with yellow, fragrant flowers, Bulbine Lily is also suited to rockeries and cottage gardens and is also excellent as a container plant. It can look stunning when grown in clusters in the garden and is a great indigenous native alternative to the introduced daffodil.

It will grow in full or part sun, is frost hardy and tolerates a variety of soils provided reasonable drainage is available. Bees, butterflies and other insects are attracted to Bulbine during flowering which occurs between September and January.



Just like the Chocolate Lily, Bulbine Lily is also useful as a food plant. The plump, round corms were traditionally eaten by Aboriginal people. The corms are best roasted and can be eaten all year round, although it will take a few years initially for the corm to mature. Roots of Bulbine Lily are regarded as the sweetest of the lily and lily-like plants as well as being nutritious, containing calcium and iron.

Trigger Plant *Stylidium armeria*

Stylidiums are called 'trigger' plants because of their unique pollination method. When an insect seeking nectar, lands on the flower, it is hit on the back by the style and stamens. Thus the pollen is either deposited on the insect or collected from it.

Trigger plants prefer moist well-drained soils, tolerating dry periods once established. You can grow them in full sun



or semi-shade. They make a pretty show in the garden especially when grown in clusters but are also suited to rockeries or containers.

Stylidium armeria is a tufted perennial herb, with a flowering spike up to 1m in height. Up to 100 pink flowers will grow along the spike, between August and February.

Trigger plants might not be lilies, but they are a beautiful accompaniment to the other lilies listed here.

Purple Flag *Patersonia occidentalis*

Purple Flag *Patersonia occidentalis* is a compact clumping perennial herb that is a hardy and easy-care plant. It features strappy leaves all year round and stunning purple flowers from September to January. The flowers only last one day, but a mature plant produces enough flowers that the short life is not noticed. Massed planting is recommended.



Attract butterflies and other insects to your garden with this hardy plant, which is happy in most soil types and will tolerate a dry position. Although it likes full sun or semi shade, it always looks better when the sun is shining on it.

The above plants are but four of the local indigenous plants in flower at the moment. Others in flower right now include purple or white brachycomes, blue wahlenbergias, yellow chrysocephalums and blue dianellas all putting on a colourful display.

Pop into the Knox Environment Society nursery at 1010 Burwood Highway, Ferntree Gully (just across the car park from the Library) to pick up your choice of colour for your garden. We are open Thursdays 10am-4pm and Saturdays and Sundays 10am-1pm.

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Heathmont College Merry Mathing

Answers from puzzle on page 12:

Question 1. Santa left five puzzles (so there are five girls) and two books (so there are two boys).

Question 2. Tree B is taller.

Question 3. Answer: 8000 metres

Question 4. All choirs will sing together every 36 minutes after 3:00 pm, so they will sing together at 3:36 pm.

Laughter Club News

Summertime Blues

Hello. Are you prone to procrastination? I am at times and it can be debilitating, taking my mind away from living one day, right down even, to one moment at a time. Instead, my mind may go around in circles, with a continuous background narrative of 'having to do something which feels timely' and yet I can't get my act together. It can be difficult to be in the right mindset for the best focus to apply myself wholeheartedly to what is most important to be done or achieved.

Why do we do it, have this resistance? There can be many reasons why. I will bet you that some can be from feelings of low self-worth and a general lack of inspiration. A common theme is not wanting to start because we think that the result has to be perfect. This may equate to needing to be in the right frame of mind or being totally prepared in order to give it our best shot.

Did you know there is such a thing as "summertime blues"? It can be similar to the SADs, that winter condition which many people fall victim to where days are shorter with little sunlight which our body thrives upon. People become depressed, flat and find it difficult to feel joy in their lives.

In my view as we live in Australia, where it does get very hot for often long periods of time, summertime blues relates to feeling depressed due to excessive hot days and nights. Over time we become exhausted when we are unable to sleep which puts our bodies under extra stress and which never feels fully rested. We tend to put things off and our motivation is low, achieving less towards the end of summer, holding out for more comfortable weather. I feel most of us can relate to that, the summertime heat, humidity, discomfort, lack of sleep, increased anxiety, which seems endless. And to top it off we may live in fear because of it being bushfire season.

In Australia we also deal with the Christmas madness being in summer which serves to compound the



Photo by Barbara Oehring

various stresses in our lives. For many of us we may have lost a loved one this year, or fairly recently. This can be a very sad and grief filled time which may be difficult to heal from. We all need help and to be supported by family and friends, not forgetting professional help.

This seems like I am sharing bad and gloomy themes with you for which I wholeheartedly apologise. We can be our best friend and there is always time to learn, evolve, continue on the battle, be courageous and speculate how we can live a better life, for example more interaction and pleasurable activities.

There are many free or minimal cost community support groups; neighbourhood houses providing low-cost activities and friendship groups to bring a sense of belonging and purpose to people who participate. Humans are meant to have experiences, to feel joy and purpose and it is very positive to do so.

We welcome you to the laughter club, which has been transformative in many people's lives. People come and go and what we do helps ones to remember about the importance of having fun, deep breathing and laughing regularly.

I invite you to ponder on what type of things you may enjoy being involved in. You may like to contact your local council for advice about community groups and

local libraries have incredible opportunities with free activities and talks. We do need stimulation in our lives.

Give yourself a lift and a break from what was normal and everyday things, unless it feels like the best thing for you right now. Prepare yourself for summer and Christmas and keep on growing, keep on keeping on and never ever, give up. Never ever!

Laughter Club is on 8th & 22nd December, with a picnic after at Wicks Reserve. We will be at two libraries in January and take the month off meeting behind the Ferntree Gully library for the first time and returning on the 2nd Sunday in February.

Thank you to Barbara Oehring for being such a brilliant photographer and sharing this beautiful photo of John and myself. We appreciate you!

We laugh together as follows and YOU are most welcome to come along.

- Ferntree Gully Laughter Club 11am 2nd & 4th Sunday
- Boronia Library 11am on the 1st Saturday of each month
- Knox Library 2pm on the 3rd Thursday of the month – note this discontinues in 2025.
- Ferntree Gully Library 2pm on the 4th Tuesday of the month

First timers, please contact Lynette to confirm, in case of a meeting change. You may even like to add yourself to the email reminder for the laughter club or sign up for my occasional newsletter. A reminder as well, I can also support people as I'm qualified as a counsellor and life coach.

Please check out my website to see what is going on, even read my blogs and get back to me soon.

Wishing you joy this summer and Christmas season. Speak with you again soon.

Lots of Love and Laughter. Lynette Mitchell.

Phone: 0425 799 258

Email: lynette@laughterforliving.com.au

Website: www.laughterforliving.com.au

Hands on Myotherapy



Footwear and Back Pain with Shenn

Hi there, I'm Shenn, a dedicated Myotherapist with a strong passion for helping others achieve optimal health and well-being. In my line of work I've noticed

a prevalent issue among my clients who wear high heels for long hours causing lower back pain. This discomfort and tightness are what's known as anterior pelvic tilt. While wearing heels the body shifts backwards to balance oneself while wearing heels. While high heels remain a timeless fashion they can lead to strained muscles in the lower body. Specifically, the hip flexors and lower back muscles become tight, while the core and hamstring muscles weaken.

My approach to treatment is highly personalized ensuring that each client's unique needs are met. I offer a range of therapies including myofascial release, dry needling, and massage. I'm available for appointments on Mondays and Tuesdays. Beyond addressing lower back pain, I also specialize in treating upper back issues, jaw discomfort, and headaches/migraines.

I am committed to helping my clients find relief and improve their overall well-being through tailored treatments. Whether you're dealing with chronic pain or just need a little extra care, I'm here to support you on your journey to better health.



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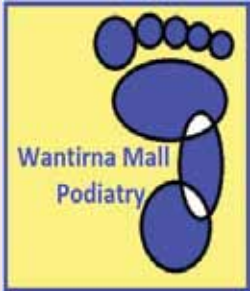
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Getting Your Feet Ready For Summer

There are several foot health concerns that can occur more readily in the summer months due to our hot, dry climate. One of the most common summer foot problems is cracked dry heels known as heel fissures.

Heel fissures occur on the bottom of the foot mainly the outer edge of the heel. Occasionally these heel fissures can become very deep and bleed causing pain and becoming infected. Open and bleeding heel fissures can be especially risky for people with diabetes or compromised immune systems.



Dry heels and heel fissures can be treated by gently using a pumice stone to decrease the thick, dry layer of skin and regular application of moisturiser containing Urea. Moisturisers with Urea have been found to penetrate the skin further than other general creams. Also the avoidance of walking barefoot or wearing open-backed footwear will help to prevent the skin on feet from drying out.

If the cracks and dry hard skin become unmanageable to clear on your own our Podiatrists at Wantirna Mall Podiatry can remove the heel fissures for you and help clear up any cracks by sharp debridement and using a sanding disc. The treatment is simple as sharp callus debridement involves only removing the hard, dry skin on the surface of the foot, there is no cutting. The sanding disc then polishes any leftover dry parts leaving the skin on the heel relatively smooth. Any deep open cracks are cleaned and treated to prevent infections. Please visit us on our website for more handy tips.

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News from Wantirna Osteopathy

Prep Like a Pro:

How To Make The Most of Your Pre-Season Training

by Katey Rogers – Strength and Conditioning/Remedial Massage

Local sporting teams are getting stuck back into preseason training again and a lot of us are facing the familiar hurdles of getting back to match fitness after our offseason break. As a strength and conditioning coach and sports trainer, I'm here to share some insider tips to help you kick off a strong 2025 season.

Footwear: With grounds hard and dry those dusty old runners from the back of your wardrobe might not be the wisest choice of footwear. Wearing worn-out old shoes whilst exposing ourselves to a higher running load could lead to shin splints, plantar fasciitis, or even increase our likelihood of acute ankle injuries. Might be time for an upgrade!

Load Management: After a lengthy break it's crucial to ease back into training. Don't just dive straight into the deep end! Gradually reintroduce running into your weekly schedule again and maintain your strength with some weight training—either at the gym or at home. This approach helps your body adapt and protects against overload injuries developing.

Recovery: Often overlooked, recovery is vital! An intense preseason program, especially in warmer weather, can put a strain on your body. Stay hydrated, fuel yourself with a balanced diet high in protein and carbohydrates and prioritise quality



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sleep to help your body heal and grow. Consider remedial and sports massage, osteo treatments for soreness, regular stretching and mobility - and if you have access to pools, spas, or saunas, contrast hydrotherapy can be a handy tool to help support our body's ability to recover from intense exercise. With these tips, you'll be ready to tackle the season ahead!

If you want to know more about how to gain an edge on your opponents in 2025, book in with me for strength and conditioning services now! Call us on 9800 0388 for more information and to book in your 60-minute initial consult.



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Life Activities Club Knox

Prospective members, where are you??? We have so many members for you to get to know and activities from which to choose. Even though you may still work, some activities are held during the weekend and there is a Dine-out meeting at 6:30pm every month on the 4th Wednesday evening. December 15th Sunday Walkers are exploring the Liverpool Retarding Basin, Friday walkers will circle Lilydale Lake, a shorter walk leaving time to enjoy an end of year lunch together, meeting at York on Lilydale Hotel.

Our timetable lists Board games on the first Friday, also enjoying an end of year lunch. The first Tuesday the Ladies meet for Coffee and chat at Brontos Café in Boronia. Men's coffee and chat choose to vary their visits and is on the second Tuesday every month. **SPECIAL!!** December 3rd. Michael Buble Christmas special at the Knox Community Art Centre, \$18:00pp at 2:00pm.

Join the Golfers, just for fun and friendship. Maybe coffee.

Chinwaggers lunch meeting is planned for Dec.18th at Feast, Ferntree Gully Hotel.

Then, if you're free on Thursdays, the bushwalkers are out, and this one is every week!! Non-members are invited to join the lunches this month, a way of learning more about this friendly club. Questions welcome ring Lorraine

No Dine-out this month. Gotta be home for Santa.



Friday Walkers will walk around Lilydale Lake for their final outing this year, Then they'll meet at the York on Lilydale for end of year lunch.

JANUARY 12TH visit Rayner's Orchard. We're booked in for a tour at 11:00am, Concession price is \$32:50pp. We'll enjoy a tractor ride, fruit tasting and there is a café where we could buy lunch, or byo. Car pooling from Bayswater Hotel carpark.

JANUARY 17TH. Join us for Lunch and Trivia.

Let's not forget activities continue throughout the holiday break, and we hope you will join in on some, no arm-twisting but after attending up to 3 times we

ask for your opinion.

On behalf of this club, I wish all of our community a very Merry Christmas and best wishes for happiness, good health, safety, friendship, love and success in 2025!!

Lorraine, our Membership Secretary is standing by ready to post a copy of our current Newsletter and to answer any questions. Lorraine 0438 068 334.

EACH Financial Counselling by Bridget Morcom

Help! I have a tax debt!

Or maybe you can't meet your next tax payment, didn't lodge your PAYG or BAS on time or can't afford a tax accountant?

The Australian Tax Office has increased its debt collection activity for overdue income and business tax and GST. Many people across the country are struggling to pay their tax, however ignoring this problem will not make it disappear!

While none of us like to pay tax, it is an obligation for anyone who earns an income, whether you are an employee or are a small business owner, sole trader, partnership or have a company or investments.

While it can be tempting to not pay your tax, especially given the current high cost of living, not paying can result in consequences. These may include everything from being charged interest and penalties for late or non-payment, having your income garnished through to legal action and possibly bankruptcy.

What can I do?

- Contact the ATO and let them know what is happening, tell them you are in financial hardship.
- Ensure your tax returns are up to date and if you are running a business, your activity statements are completed.
- Work out what you can afford to pay and start paying what you can.
- If you are experiencing specific difficult

circumstances for example, disaster impact, personal crisis, or serious financial hardship, let the ATO know.

What are some of the hardship options the ATO offers?

<https://www.ato.gov.au/individuals-and-families/paying-the-ato/help-with-paying>

There are a few options you can talk to the ATO about, although each one will depend on your circumstances, including if you are an individual or a business and what you can afford. They include:

- Long term payment plans
- Payment management, transfers
- Removal of penalties and interest
- Non-pursual of the debt
- In some situations, a full waiver or partial repayment

Where can I get help?

- The ATO run free tax clinics all over the country for individuals (and small businesses) who are unable to afford their own tax accountant. Here is the information:
- The National Tax Help Program: <https://www.ato.gov.au/individuals-and-families/your-tax-return/help-and-support-to-lodge-your-tax-return>
- Tax Help: <https://www.ato.gov.au/individuals-and-families/your-tax-return/help-and-support-to-lodge-your-tax-return/tax-help->



- program?=redirected_taxhelpprogram
- Contact your tax agent, if you have one, and work with them to resolve the issue and repay your debts
- Speak to a free financial counsellor who can work with you to assess your financial situation and assist you to contact the ATO and look at all the options available:

- EACH financial counselling
ph: 9871 1817
- EACH Small business Financial Counselling ph: 1300 375 330
- Small Business Debt Helpline
ph: 1800 413 828
- National Debt Helpline
ph: 1800 007 007

Don't leave your tax debt to get bigger and bigger – seek help now from the ATO or a free financial counselling service near you.

Ferntree Gully View Club

Our monthly luncheon meetings are held on the 4th Monday of each month (except December - it is the 3rd Monday) and includes a 2-course lunch, tea/coffee, raffle tickets at a cost of \$30. We have a meeting, then a speaker or entertainment. We support The Smith Family and raise money through our luncheons and in-house functions. We support 7 disadvantaged students through the 'Learning for Life' Program with The Smith Family. We also support a refuge for women and children escaping domestic violence.

Lunch Date - Monday 16th December, 2024
Entertainer: Arnie Groves - 'A one-man party'.

Lunch Date - There is NO lunch meeting for January 2025

If you want to join a welcoming and fun club, come join us. Visitors are most welcome. Time: 11.00am for a 12.00 noon start. Where: The Knox Club, corner Stud & Boronia Roads, Wantirna South

Bookings Contact: Publicity Officer - Romaine on 0421 400 549

Wantirna Day View Club

Wantirna Day VIEW Club (Voice, Interests, and Education of Women), is a group of friendly women who meet regularly to enjoy social interaction, whilst also raising valuable funds for The Smith Family Learning for Life Program.

We meet on the 1st Wednesday of the month (except in January) at The Stamford Hotel - Cnr Stud & Wellington Roads, Rowville – 10:30 am for an 11:00 am start. Members contribute a small fee of \$12 per meeting, (which includes morning tea, room hire, and raffle), and lunch is available to order at your own cost. Most meetings also host a guest speaker/entertainment for members' enjoyment.

We would love new members to join. Ladies of any age group, and from any location, would be most welcome. For more information please call our President – Kate on 0421 650 684

Boronia VIEW Club

Boronia View Club will meet on Friday 20th December at 11.30 am at Eastwood Golf Club, Liverpool Rd., Kilsyth with a 2 course lunch costing \$30. This will be followed by an afternoon of Christmas Frivolity. Anything could happen - should be a fun day!!

There will be a raffle with lots of lovely prizes with the money being raised going to The Smith Family learning for Life program of which the club has 8 sponsored children helping them with their educational needs.

The club is looking for new members so ladies of all ages and backgrounds come along and you will be warmly welcomed. There are small groups within the club eg film and coffee mornings book club, cards etc. and occasional outings.

Enquiries to Judith on 9764-8602

There will be a get together lunch (no meeting) at midday at the Wantirna Hill Club on Boronia Rd. Wantirna on Friday 17th January 2025.

What's On?

Event	Date & Time	Location	More Information
OLDER MEN : NEW IDEAS	2nd & 4th Fridays each month	Orana NH, 62 Coleman Rd ,Wantirna	Call Orana on 9801 1895
Changing Seasons Cafe	Wed to Fri 10.30am to 3.30pm Sat & Sun 9.00am to 4.00pm	31-34 Elizabeth St, Bayswater Access from the road	8720 1382 Facebook @ChangingSeasonsCafe
Wantirna Day View Club	1st Wednesday each month 10:30 am for 11:00 am start	Stamford Hotel Cnr Stud & Wellington Rds, Rowville	Kate on 0421 650 684
Ferntree Gully View Club	4th Monday of each month 11.30am	The Knox Club. Cnr Stud and Boronia Rd. Wantirna South	Romaine Meadowcroft - 0421 400 549
Boronia View Club	3rd Friday each month 11.30am.	Eastwood Golf Club Liverpool Road Kilsyth	Judith 9764 8602
Boronia Ladies Probus Club	3rd Wednesday of each month	Knox Club, cnr Boronia & Stud Rds Wantirna	Enquiries: 0435 136 472
Combined Probus Club of Wantirna Heights	First Wednesday of every month at 10am	Knox Boat Fishing Club, Schultz Reserve, Kinglyoch Pde Wantirna.	Michael 0439 551 209
iShred - Community Shedding Day	Sat. 18 Jan & 15 Feb 9am-12pm	5/7 Samantha Crt. Knoxfield	1300 763 688
Ringwood Field Naturalists Club	2nd Wednesday each month at 7.30pm	Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood	Alison or Peter on 9801-6946 http://www.rfnc.org.au
Lions Club of Wantirna	1st & 3rd Wednesday each month at 7.00pm	Lions Club room, Bayswater Community Centre, 739 Mountain Hwy. Bayswater	Paul 0400 823 441
Scoresby 55+ Social Circle	Thursdays 10am-12.00noon	Scoresby Football Club, Scoresby Recreation Reserve.	Jeanette 0407 308 671 or John 0405 698 554
Knoxfield Ladies Probus	3rd Wed. of the month at 10.00am.	Wantirna Club, 350 Stud Road Wantirna	Jo 0414 914 091
Lions Club of Knox	1st & 3rd Tues of month at 7.00pm	Our Saviours Lutheran Church Knox 646 Burwood Hwy, Knoxfield	Sue 0411 529 293
Probus Club of Wantirna Sth	2nd Wed of the month at 10.00am.	Wantirna Club, Stud Road Wantirna	Helen Dewar 0418 333 022
Scoresby TOWN Club	Wednesdays 8.30am	Scout Hall behind 91 Lewis Road Wantirna	9761 1875
The Hut Gallery	Open Sat/Sun 11am to 4pm	157 Underwood Rd. Ferntree Gully	thehutgallery.com.au
Rotary Club of Rowville Lysterfield	Tuesdays 6.45pm	Tosarias, 60 Henderson Rd, Rowville	Kevin Harrison - 0419 919 011
Rotary Club of Knox	Wednesdays 12.45pm	Knox Club, cnr Boronia & Stud Rds Wantirna	Gary Weston - 0409 553 168
Rotary Club of Boronia	Tuesdays 6.30pm	Knox Club, cnr Boronia & Stud Rds Wantirna	Greg Mossop - 0437 599 949
Rotary Club of Bayswater	Wednesdays 6.00pm	Rotary Club Rooms , Marie Wallace Reserve, King Street, Bayswater	Ron Bridges - 0414 843 427
The Boronia branch of CWA	2nd Wednesday of the month Craft Meeting - 4th Wednesday	CWA Hall at 4 Sundew Ave Boronia	Evelyn on 9762 1537 or 0434 722346
Ringwood View Club	2nd Wed of the month 11am	Ringwood Club, Maroondah Hwy	Heather 0411 219 248
KSSSG-Knox Stroke Survivors	2nd & 4th Wed of the month 10.30am	Crave Restaurant, 236 Dorset Road Boronia	Lister 0413095061 Rob 9758 8582 Anna 0414976619
Knox Photographic Society	2nd,3rd,4th Wednesdays 7.30PM	Boronia West Primary School. Tormore Rd Boronia (Enter via Swimming Pool car park).	Rob 0401943354
Studfield Wantirna Probus Club	2nd Tues monthly at 10.30am	Knox Club, 480 Boronia Rd Wantirna	Pauline 0458 003 985



Knox Over 50s

Knox & District Over50s we are a very friendly and sociable group who normally meet on the 4th Tuesday of each month from January to November. Our first General Meeting for 2025 will be held at 10.30 am on Tuesday the 28th of January, 2025, at Club Kilsyth, 1-15 Canterbury Road, Bayswater North, followed by lunch for those who wish to stay on.

We provide guest speakers, many day trips and an annual trip, visits to Boronia Cinema, coffee mornings, regular lunches at different locations around Knox and morning melodies.

Our annual trip to Adelaide during October proved a resounding success. Wonderful accommodation and on Day One a visit to the Adelaide Art Gallery & Museum. The following four days included trips to Mt Lofty in the Adelaide Hills, Goolwa for Mouth of the Murray Cruise, Victor Harbour, Adelaide's Botanic Gardens, Adelaide Zoo, Whispering Wall, Menglers Hill Stone Sculptures and Jacob's Creek Winery. Talk about a packed itinerary!! Photo of our

happy wanderers attached.

During November, we visited Robyn's Soap House at Knoxfield, where some lucky members managed to buy products which will become Christmas gifts for their loved ones. Always great to get ahead of the game!

And of course, December brought a few Christmas celebrations, including the "Buble Christmas Special" (featuring Glenn Starr) at the Knox Arts Centre in Bayswater. We all enjoyed our Annual Christmas Dinner. Always a special event!!

If you are looking to enhance your social life, come along and join us.

We have a monthly newsletter (Knox Natters Matter) which will keep you up to date with the many fun social activities available.

If you are interested in joining our group, please contact Jill (on 9801 4363) for further information.

We look forward to hearing from you or, more importantly, seeing you in the near future.



Gully Market News

The Gully Market Upcoming Event

The Gully Market, operating from Upper Gully r/w station carpark, is pleased to announce that once again we are making two donations to organisations leading up to Christmas. Firstly

\$2000 to the foothills community care org. CEO Steve Barrington who says this money will be used to provide about 250 people with a sit down Christmas lunch/dinner.

Last year it was 320. This is an amazing organisation. Check them out through their website, foothillscare.org.au. Secondly, \$2000 to the Ferntree Gully branch of the Salvos.

Last year our donation was put towards expanding their 24 hour emergency food bank. This year Major Rosie Massey said it will be used to complement the Christmas hampers that will be given to families in need. This year we anticipate we will be helping 150 families. Everyone knows the work that this organisation does. Google Salvation Army Ferntree Gully and check out their website.

Finally I ask the local community to support markets such as ours so that we can give back to worthy causes such as these. Since September 2023, we have donated \$19500 to various groups. These two take it to \$23500.

by Ian Rice president, Tracy treasurer/ secretary, Dianne Cree PA, Rachel O'Connor social media.



COMMUNITY NEWS



Word is spreading fast around our Australia-Indian community about the new weekly one-hour radio program HELLO ZINDAGI at 8pm Thursdays. Everyone likes Bollywood music and there's lots of information in Hindi and English about Indian culture, events and initiatives to keep the Knox community informed,

For sports fans, tune in to 98.1 FM for all the headline sports and interviews at 6pm Wednesdays on THE SPORT with Jack and the team. New this month is a half-hour extra edition at 6pm Fridays THE LOCAL SPORT. Then on Saturdays at 7am it's The Bowls Show with Col and Doug, followed at 8am by The Cricket Show with Dave and studio guests from local sporting clubs. Radio Eastern FM 98.1 is your home of local sport all year round. More information: 9722 9981 or radioeasternfm.com.au where you can listen back to any program on any device.



Community News

Available online at
www.studfieldwantirnanews.org
 Find us on Facebook



Wantirna Tennis Club So much more in '24

by Alison Rogers

SPORT NEWS

Club Championships 2024

The 2024 Wantirna Club Championships concluded on Sunday November 10 in front of a bumper crowd. It was great to see so many members and their families get along to witness some fantastic tennis.

The championships which featured 100 entrants, 86 matches across 10 events were held throughout October and November.

Finals were played on Sunday 10th November.

Congratulations to all the finalists and the new club champions!

The Club wishes to thank the Coaches who organised this great event.

Thanks also to the Committee members who had the free sausage sizzle going for all those who attended. A great day was had by all.

Open men's singles:

Bill Tzanaopoulos defeated Warren Seedsman

Open men's doubles:

Mike Alder & Troy Murrell defeated Bill Tzanopoulos & Warren Seedsman

Open boy's singles:

Sam Long defeated Dylan Teo

Open girl's singles:

Ash Kum defeated Caitlyn Tse



Bill Tzanaopoulos
Men's Club Champion



Sam Long
Open Boy's Singles



Ash Kum
Open Girl's Singles

Book a Court

Have you had a chance to come down and have a play on our new courts yet?

There has been a lot of interest in our five new classic clay courts and these along with our 5 en tout cas courts are being well used through our 'book a court' system. These courts are now available for booking both day and night. Just check out our website. When booking, select the 'lights' option so that the lights come on automatically for you before play. So come on down and have a hit, we welcome you all.

Juniors

The summer competition has just started with a good number of teams competing both in Saturday and Sunday competition. For the first time we have more teams playing on Sundays instead of Saturdays. This allows junior members to play school sport on a Saturday or attend Language school.

If you have children who would like to join in with the Junior Members of our Club and play some team tennis please give us a call. Details at the end of this article. All welcome.

Coaches Corner at Wantirna

The Junior coaching program is going well with many of those being coached moving on to playing Junior Competition for the Club.

The Cardio Tennis for both women and men has been extremely popular. Classes are Tuesday and Thursday lunchtimes as well as Monday, Tuesday and Thursday evenings. Sessions are 45 minutes and it's a fantastic way to enjoy tennis while getting a huff and puff!

For anyone who hasn't tried Cardio Tennis yet, don't forget you're welcome to come and have a free trial. A reminder that if anyone needs a new racquet, a restring or anything tennis related we can offer great service and pricing on all major brands.

Contact Mike Alder on 0433511904 or email michaeljohnalder@gmail.com

Social Tennis

Social Tennis is still going strong on Tuesday mornings. Even if the weather is hot or cold come on down and join the others or just have a coffee and

a chat. It is lovely to see our group of social players expanding. They are a great group of friendly people.

If you don't feel you can commit to competition, or are not sure if you are good enough to play tennis, come on down and have a hit with some of the social players at the Club. You don't know till you have a go. All standards are welcome. Enclosed grounds keep young children safe and while they enjoy the playground, you can have a hit.

It is only \$5 for visitors, members free. All welcome.

About Wantirna Tennis Club.

Visit our website for details on how to join our Club. We have excellent facilities, including two BBQs, covered with a shade cloth sail. We have 10 tennis courts, 5 new classic clay and 5 en tout cas, 8 of these courts are under lights. We offer a range of competitive tennis and social tennis for both adults and juniors with an excellent coaching programme plus Hot Shots and Cardio tennis. With safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Give us a call or check out our website to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.

Club coaching team:

Troy & Mike 0424693005 or email coaches@wantiratennisclub.org.au or t_murrell@bigpond.com

Coaching Face book: www.facebook.com/troyandmiketennis.com

Wantirna Tennis Club Inc Melway Ref: 63C8

Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna

PO Box 5295 Studfield 3152

Club Secretary: Alison 0408576025 or email wantiratennis@gmail.com

Web: www.tennis.com.au/wantirnatc/

WTC Face book: www.facebook.com/.../Wantirna-Tennis-Club

Wantirna-Tennis-Club

To our Face book and Community News readers we wish you a Very Merry Christmas and a Safe and Healthy 2025



Wantirna Tennis Club - Photo Margaret Martin

Templeton Tennis Club News

by Neil Houlston, Secretary

Upcoming Open Day on Sunday, 19th January

After the roaring success of our Open Day last January, we are happy to announce another Open Day on Sunday 19th January 2025 from 10am to 1pm.

We encourage everyone of all ages and experience levels that have an interest in coaching, joining any of our competition teams or looking to become a member.

New Accessible Toilet

Thanks to Knox City Council we now have an upgraded accessible toilet.

It is not only bigger and in significantly better condition than before with tinted windows, sensors lights and a new baby changing station, but it now has better wheelchair access via a new ramp outside the far clubroom door.

Tennis Club Championships

In the lead up to the commencement of summer competition we held our annual junior club championships in mid-September.

Our club champion for 2024 is Justin Xiong (2nd from left in picture).

Congratulations to all participants and winners on this day.



Straight Sets Professional Tennis Coaching

Kelly and the coaching team at Templeton are available to provide their services for all ages and experience levels, from very beginners all the way through to those trying to perfect their backhand.

Details on all coaching programs available at our club, including group coaching and private lessons are available on our club's website under the Coaching tab.

Follow Us On Socials

To stay up to date with events and everything else happening at Templeton Tennis Club, make sure

to follow our Facebook and Instagram pages (@templetontennisclub). The pages have the blue tennis ball icon for the profile picture.

Templeton Tennis Club Inc.

Templeton Reserve, 43-63 Templeton Street Wantirna 3152.

Melway Ref. 63 G9

Membership: Leanne 0493 450 111

President: Chris 0425 763 106

Coaching: Kelly 0414 874 482

Website: www.templetontennis.com.au

Email: president@templetontennis.com.au




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SCAN HERE



Free event



Knox City Council proudly presents

Knox Carols

Sat 14 Dec

Wally Tew Reserve, Ferntree Gully

✦ Free kids' activities from 4PM ✦

✦ Main show 8PM ✦

There will be no fireworks this year due to works on the second oval.
This is the only place we can launch fireworks safely.

knox.vic.gov.au/carols



Don't bin your batteries

Discarded batteries are the leading cause of fires in our rubbish and recycling trucks.

Drop off used batteries for free recycling through B-cycle at major supermarkets, Bunnings and many other locations.

Find a free drop off point: bcycle.com.au/drop-off



knox

