

# COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,  
SCORESBY, KNOXFIELD & BAYSWATER

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EDITION 95

APRIL/MAY 2025

- ELM STREET MISSION OPENS DOORS FOR SOCIAL CONNECTION
- GIRL GUIDES CELEBRATE WORLD THINKING DAY
- JAZZ MUSEUM'S MULTIFUNCTION ROOM UPGRADE
- KNOX STROKE SURVIVORS SUPPORT GROUP CELEBRATE 20 YEARS

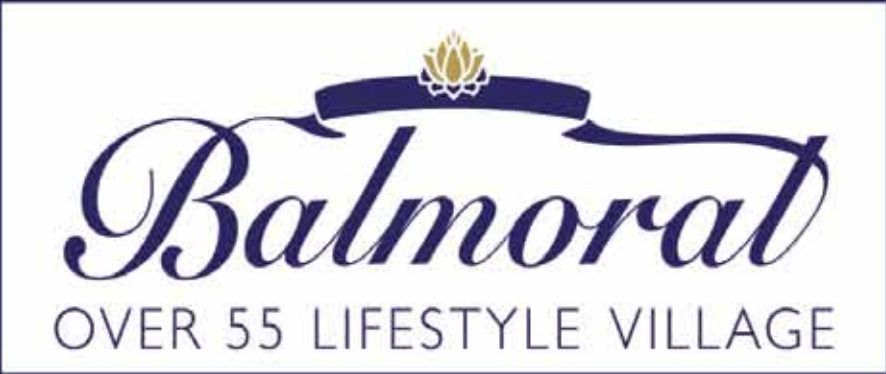
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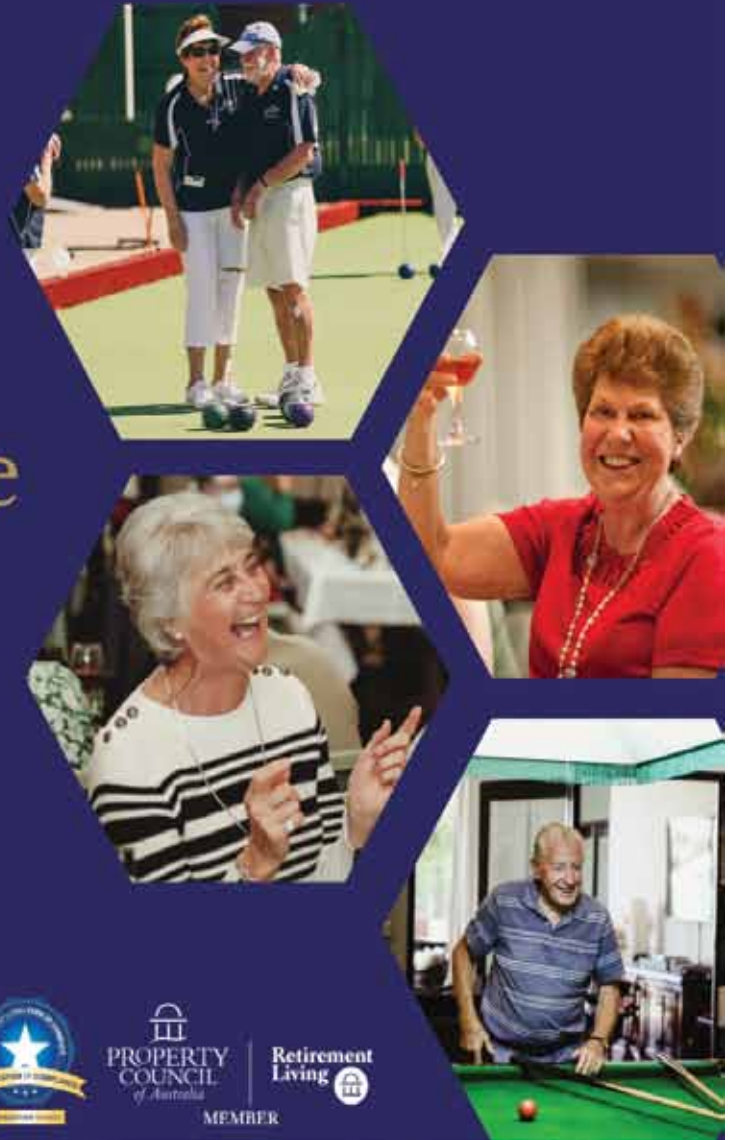


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## Editorial

Hello Community News Readers,  
 You may be interested in participating in National Sorry Day on May 26.  
 Knox City Council hold an event each year around the Yarning Circle at Knox Civic Centre.  
 National Sorry Day is a day of commemoration and remembrance for the Stolen Generations – the Aboriginal and Torres Strait Islander children forcibly removed from their families, communities and cultures between the 1800s and the 1970s.  
 The first National Sorry Day was held on 26 May 1998. This came a year after the Bringing Them Home report was passed through Parliament.  
 The report was about the forced removal of Aboriginal and Torres Strait Islander children from their families. It was a result of an inquiry by the Human Rights and Equal Opportunity Commission.  
 Details of Sorry Day at Knox City Council are not yet available so keep an eye on the website at [www.knox.vic.gov.au](http://www.knox.vic.gov.au).

Janet Claringbold, Editor.



Thanks to Knox Library for generously providing a room for our meetings.

## Jackson Taylor Update

To kick things off, we've announced Victoria's Fair Fuel Plan - helping you save up to \$330 a year at the pump. We are capping fuel price rises – and locking in fuel prices for a whole day. So no more price gouging. We'll also introduce a Fuel Finder on the Services Victoria app, featuring real time prices across the state to ensure you have transparent choices. It's all about giving families more power at the bowser. Stay tuned here and across my social media for more updates as this rolls out.

### Education Funding

Big news announced at Boronia Heights Primary recently (pictured), alongside Prime Minister Anthony Albanese, Premier Jacinta Allan, Education Ministers Ben Carroll MP and Jason Clare MP and local Federal Member Mary Doyle MP, it was announced that \$2.5 billion of extra funding will make sure every public school student gets the support they deserve.

This increases the Federal Government's contribution to education in Victoria by 5% to fully fund schools based on the Gonski model - in essence, massive

news for kids. This is the biggest investment into education in a very long time and it'll make a huge difference in classrooms.

### Wantirna College

The new indoor gym with two competition sized basketball courts, along with performing arts facilities, at Wantirna College is nearly done with the opening date fast approaching. This is the biggest educational build locally right now and I can't wait to see students using the new facilities.

### In Other News

- Provided grant to Goodstart Wantirna to create a new outdoor space and make their kindergarten space more accessible.
- Works continue on the major expansion of the Angliss Hospital to deliver more beds and better services, set for completion in 2026.
- Delivered funding to Regency Park Primary for essential maintenance works.
- Nearly 5,000 solar panels, hot water systems

and battery subsidies delivered locally. Go to [solar.vic.gov.au](http://solar.vic.gov.au) for more information.

- Delivering kinder kits to every kid in 3 year old kindergarten.
- The new dog park and playground at Wantirna Reserve funded by the State Government is due to start works mid this year!

### Shout-out

My annual BBQ turned into pizza night for the good folk at SES Knox Unit! Every year I put on some food with my team's help to say a small thanks to these incredible people who turn up when we need them. It's the 6th year I've done it and due to the heat - we went pizza and I reckon we may be sticking with it - very popular! Cheers again to our SES volunteers and to all our emergency services volunteers locally and across the State that have had a busy few months keeping us safe.

Also, a shout out to all the new school leaders across local schools, best of luck for 2025!



Jackson Taylor MP, Prime Minister Anthony Albanese, Premier Jacinta Allan, Education Ministers Ben Carroll MP and Jason Clare MP and local Federal Member Mary Doyle MP with the students of Boronia Heights Primary School



# Jackson Taylor MP

## Member for Bayswater

Delivers for Knox

Suite 2, Mountain High Centre, 7-13 High Street, Bayswater Vic 3153 ☎ 9738 0577  
 f @ Jackson Taylor MP 📧 [jackson.taylor@parliament.vic.gov.au](mailto:jackson.taylor@parliament.vic.gov.au)

## Elm Street Mission Opens Doors For Social Connection

Many people in our community are looking for social connection and a place where they feel welcome and accepted.

Elm St Mission is one such place in Bayswater where people are welcome to drop in, have a cuppa and a chat, join in activities and make new acquaintances.

This open-door community provides a safe gathering place for people experiencing mental health challenges or who are socially isolated. Local resident Anne is a regular participant. "I've been coming here since the very start, and I enjoy every single moment of it."

Anne said, "I was looking for something to do during the week, and this was perfect. It's easy for me to get to and I've met new people. That opens the horizons up."

Elm St Mission is open Mondays, Wednesdays, Fridays from 10am—2pm during school terms. The free activities include art, craft, singing, dancing, gentle exercise, mindfulness, board games, puzzles, Bingo and pool. There's word game of the day for everyone to try.

"I like the music," said Anne. "We sing Elton John, ABBA, whatever people like to sing! That's my favourite. I also like playing Rummikub and there are people to play with. But you don't have to join in the activities."

The friendly volunteers are happy to have a chat and support people in their interests. "That makes it even more special because they do so much. They are so versatile. They cater for everyone's tastes."



Anne's recommendation: "People can come in any time to try it out. It's free. It's such a friendly atmosphere, it's warm and it draws you in. This place caters for every type of person."

You can check their Facebook page for special events.

Elm St Mission was established in 2019 as a mission of the Knox Uniting Church Bayswater Congregation.

Volunteers are always welcome and needed to support the program.

**Location:** 654 Mountain Highway, Bayswater  
**Phone:** 0428 330 873  
**Email:** [info@elmstmission.org.au](mailto:info@elmstmission.org.au)  
**Web:** [elmstmission.org.au](http://elmstmission.org.au)  
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## Bayswater Makers' Market

Our mainly indoor  
arts and crafts market at the  
**Bayswater Senior Citizens Hall**  
790 Mountain Highway

**Saturdays**  
**April 26 & May 24**  
**10am to 2pm**

**Free entry with plenty of  
off-street parking**

Arts, crafts, plants, food, books, and more,  
all created or made by the stall holders.

Sit down and enjoy tea or coffee and  
biscuits for a gold coin donation.

**Please email any enquiries about stall  
bookings to [bw1market@bigpond.com](mailto:bw1market@bigpond.com)  
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**Other enquiries: Julia 9890 2546**



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**Our Anzac Day Services will be held  
at the Cenotaph outside the  
Sub Branch at  
626 Mountain Hwy, Bayswater**

**Commemoration Service**  
Sunday the 13th of April at 10.45am

**Dawn Service**  
Thursday the 25th of April at 5.45am

**Refreshments served after each  
service in the Sub Branch.**



## Cr Peter Lockwood Councillor Knox City Council

[Cr.peter.lockwood@knox.vic.gov.au](mailto:Cr.peter.lockwood@knox.vic.gov.au) 0499 111 639

Please contact me for local council issues.

## Mayor's Message with Cr. Lisa Cooper

### Share your thoughts on dogs and cats

If you haven't already provided your feedback I urge you take this opportunity to contribute to our renewed plan for managing dogs and cats in Knox.

Council is required to update our plan for managing pet dogs and cats every four years.

It's really important that we don't just hear from pet owners — responsible pet ownership benefits everyone.

We want everyone who shares our public areas with other people's pets to share their feedback with us so we can all enjoy our community spaces together.

We're particular keen on your thoughts and ideas on how we promote responsible pet ownership, minimise risk of dog attacks, reduce nuisance caused by dogs and cats, encourage pet registration and identification, address overpopulation and euthanasia rates and ensure effective control of dogs in public spaces.

There are about 16,640 registered dogs and 6,482 registered cats in Knox.

We have a survey online or you can send us an email or a letter by Sunday 13 April.

Stay up to date with this community consultation and other council projects at [havey-oursay.knox.vic.gov.au](http://havey-oursay.knox.vic.gov.au)



### Changing bin lids

New state government rules mean everyone in Victoria has to have the same colour bin lids.

These changes are designed to support statewide waste education initiatives and help us all to put the right things in the right bin.



From Monday 28 April the lid on your rubbish bin will be changing from yellow to red.

We're asking residents to leave their rubbish bin out until 6pm on collection day, even if it has been emptied earlier in the day, and we'll change the bin lid over. Residents need to do this every fortnight until they get a new red lid.

There will be no change to your collection.

We need to change the lids on 60,000 bins so it will take us some months to get to everyone.

The old bin lids will be recycled into new bin lids.

We will send you more information in the mail as the time approaches, so please look out for that or visit our website at [knox.vic.gov.au](http://knox.vic.gov.au).



### Food support for residents

With the rising cost of living, many people and families in Knox are struggling to make ends meet.

Council is supporting local services to provide food relief for residents experiencing hardship.

There are places in Knox where you can access free food parcels or hampers including pantry items, meat, bread, fruit and vegetables.

Toiletries, clothing, laundry facilities and showers are available at some locations.

Other providers offer sit down community meals and takeaway meals.

You can find food relief support near you at [knox.vic.gov.au/relief-providers](http://knox.vic.gov.au/relief-providers)

Stay up to date with what's happening at [knox.vic.gov.au](http://knox.vic.gov.au)

# AROUND KNOX

## BORONIA RSL SUB BRANCH COMMEMORATIVE MARCH

The Boronia RSL Commemorative march is usually held the weekend prior to Anzac Day each year. This year that day happens to be Sunday the 20th of April (Easter Sunday).

Because of the long weekend this year's March will be cancelled as a lot of our marchers will be away for the weekend or attending family functions etc.

We apologise for any inconvenience this cancellation may cause and invite any questions to be directed to Bob Menzies on 0476 302 816.

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# Funding Commitment For Knox Historical Society

By Karin Orpen OAM

Knox Historical Society is thrilled by the announcement today that a Dutton Government will provide \$2.5M for the provision of a purpose-built Resource & Visitor centre.

The Society has been operating from temporary facilities, including a windowless shipping container, following the demolition of a house on site that was used as a Resource Centre. However, lack of funding meant the temporary situation remained for over 14 years.

“This will mean that our amazing volunteers will finally have a facility that is fit for purpose and we can continue our work in a harmonious space that will foster and promote camaraderie and community” President Ray Peace said.

“Knox Historical Society celebrates their 60th Anniversary this year so the timing for this announcement is brilliant”.

The committee have been advocating for funding of the project to all levels of government over several years and concept drawings recently finalised in partnership with Knox City Council. Deputy Mayor, Cr Glen Atwell attended on behalf of the council.

The proposed stand-alone facility will incorporate a temperature-controlled space for archival maps and documents, numerous research and study stations, kitchen facilities and all ability toilets.

A communal space for visitors, meetings and changeable displays is also included.

The homestead itself, built in 1889 by Ephriam Hansen, will continue as an accredited museum. Knox Historical Society also run programs for year 1 and 2 students.

Holding over 21,000 school photographs from the 1800’s to 2000 also means that they are called upon by police and state government in legal matters and investigation.

The announcement by Manny Cicchiello on behalf of the Coalition recognises the need for preserving our history for future generations. “The winners are the Knox community” Ray said.



# AROUND KNOX

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Volunteers are welcome at Studfield Wantirna Community News

Call Charles on 0407 797 666

# Knox Woodies Connect With Community at Knox Festival

# AROUND KNOX

Saturday March 1st saw huge crowds enjoying the glorious weather at the annual Knox Festival. For the local Knox and District Woodworkers Club it was a great opportunity to share the satisfaction of creating small wooden toys and gifts with the younger members of the community.

This club initiative allows children, with the help of club members, to glue, nail, sand and screw the various pieces of a kit toy or gift to completion. When assembled these toys, which are finished in plain wood, can be taken home for painting and decoration.

Up to fifteen different items were available including a robot, dinosaur, helicopter, semi trailer, pencil case, teddy bear and tool box.

The event was very successful as members were flat out all day helping over two hundred children produce their selected toy.

One participant who was certainly much older than most of our young woodworkers admitted that he had been coming annually for over ten years and felt he had to continue the tradition. We'll expect to see him again next year, though he doesn't seem to need much help these days.

As well as offering this Festival opportunity, the club can also accommodate local groups such as cubs and primary school groups, and library holiday programs. These can be run at the club rooms or at the organisation's premises.

An alternative to our regular sessions might see the child take a kit home and make the toy with the help of mum or dad, as a pre-mothers' day activity (trinket box, or pencil case, or tool box), or fathers' day activity (a model toy for his mantelpiece, or tool box for the shed or garden). Maybe a mother and cub night could make use of this type of activity. The options are probably only limited by your group's imagination.

The Knox and District Woodworkers Club has operated in the area for well over 30 years and is permanently based in Glenfern Road, Ferntree Gully adjacent to the Wally Tew Reserve.

Information for anyone interested in the club which caters for both men and women can be found at [www.knoxwoodies.org.au](http://www.knoxwoodies.org.au) or email [secretary@knoxwoodies.org.au](mailto:secretary@knoxwoodies.org.au).



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## What's Happening At Community Pharmacy? with Jason, Pharmacy Manager



### Celebrating Jason's 20 Years of Dedication

Jason Pham has been a pillar of our Wantirna pharmacy for 20 years, and we are delighted to announce that he will now be stepping into an expanded role as our Professional Services Pharmacist. Jason will be working across our entire organisation helping to improve and expand the professional healthcare services we offer not just at our Wantirna Pharmacy but across all our pharmacies. His expertise and passion for advancing pharmacy services will help us reach new heights in patient care and innovation.

Since joining us in April 2005 Jason has been an invaluable part of our team bringing unwavering dedication and a true passion for patient care. Over the years he has guided our pharmacy ensuring we always provide the best services to our customers. His ability to connect with people and his deep knowledge of the evolving pharmacy landscape have made a lasting impact on our business and the community.

### Welcoming Peter, our new Pharmacy Manager

Along with Jason's move into this new role we are thrilled to introduce Peter as our new Pharmacy Manager! With a wealth of experience in the industry Peter brings a strong passion for customer care, operational excellence and leading a dedicated team to continue providing the best healthcare solutions to our community.

Peter steps into the role with a deep understanding of pharmacy services and a commitment to maintaining the high standards our customers have come to expect. He is eager to build relationships with both our team and the wonderful community we serve. His leadership will ensure a seamless transition and a bright future for our pharmacy.

Please join us in welcoming Peter and in celebrating Jason's remarkable journey with us!

### Protect Your Health This Winter with Our Pharmacy Services

As winter approaches it's the perfect time to focus on your immunity and ensure you and your family stay healthy. Our pharmacy is your go-to destination for expert advice and essential health services to keep you protected during the colder months. We are encouraging our community to stay up to date with their vaccinations, including flu shots, COVID-19 boosters and other recommended immunisations.

Beyond vaccinations we offer a wide range of immunity-boosting solutions to help you stay well. From vitamins and supplements to cold and flu relief products our pharmacy is stocked with various products you need to strengthen your immune system. Our team is also available to provide personalised consultations, issue leave certificates if needed, ensuring you get the right care and advice tailored to your needs.

To make booking even more convenient simply scan the QR Code provided and you will be taken directly to our booking website where you can book your service quickly and easily.



Make your health a priority this winter—visit us today for your vaccinations, expert guidance and the best immunity-boosting products for the season.

### Colour in to Win Competition

A friendly reminder that our Colour in to Win competition is still running, but time is running out! The competition closes at the end of April 2025 so don't miss your chance to get involved. Collect a colouring sheet from our pharmacy, let your creativity shine, and return your masterpiece before the deadline for a chance to win some fantastic prizes pictured here. We have already received some amazing entries and can't wait to see even more displayed on our walls!



### Celebrate Mother's Day with Our Ultimate Pamper Pack Giveaway!

We're excited to announce our 2025 Mother's Day Promotion, a special way to celebrate the amazing mothers and motherly figures in our community. Running from 21st April to 12th May this promotion gives our valued members the chance to win the Ultimate Mother's Day Pamper Pack valued at \$300 RRP!

How to Enter: During the promotional period, our

members who spend \$25 or more on fragrance, gifts, cosmetics and/or skincare will automatically be entered into the draw for a chance to win this luxurious prize.

Don't miss this opportunity to give back to the wonderful mums in our community—shop with us for the perfect Mother's Day gifts and be in the running for this incredible reward!

## Community Pharmacy Wantirna

Shop 3-4 Wantirna Mall  
348 Mountain Hwy, Wantirna

(03) 9720 2872

OPEN 7 DAYS

E: wantirna@communitypharmacy.com.au

Remember to jump on to our website, sign up to our newsletter and follow us on Facebook & Instagram to keep up to date with all our latest news!

Website: [www.communitypharmacy.com.au](http://www.communitypharmacy.com.au)

Facebook: [www.facebook.com/communitypharmacywantirna/](https://www.facebook.com/communitypharmacywantirna/)

Instagram: [www.instagram.com/communitypharmacywantirna/](https://www.instagram.com/communitypharmacywantirna/)



## Wantirna Heights Probus News

### Mystery Tour To Yea Wetlands Discovery Centre

After several weeks of curious speculation, the day for the mystery tour had finally arrived. It was a lovely sunny day and 36 members waited enthusiastically for the bus to arrive. Our driver introduced himself and made a stir by telling us he had not driven the roads for some time and warned that they could be a bit rough. We were on our way just before 9am, with some quietly suggesting where we were headed. As we passed through Coldstream thoughts were being voiced as to the likely destination - Healesville Sanctuary, Yarra Valley Chocolaterie, Shepparton, Mansfield and even Gundagai got a mention. (It was suggested we should run a competition to guess where we were headed). We soon pulled up outside the Yea and District Tourist Information Centre which had been transformed into the excellent Yea Wetlands Discovery Centre. Costing \$1.9M this stunning architecturally designed building first opened in 2014 after 16 years of planning. Two full time staff and forty part time volunteers run the centre and it was a lovely surprise to find that Devonshire Tea had been organised for the group followed by a guided tour of the wetlands.

At 11.15 we meandered down the well cared for path through the lush overgrowth whilst having the history of the Centre explained along with information about local flora, fauna, birds and insects. At one stop we came across an indigenous inspired basket made of metal and one of our group immediately jumped into it for a photo. Next came a suspension foot bridge and with those bringing up the rear the bridge started to sway with sounds of anxiety coming from the girls up front. The guided walk ended after three quarters of an hour and it was all aboard for the drive to our "yet to be known" destination for lunch. Whittlesea was

one guess but, when we turned towards Kinglake, "I was right" could be heard from some members. On the way we had a glimpse of some great valley views before arriving at the Kinglake Pub for an enjoyable lunch. After the lunch about half the group went for a short walk down the main street then it was back the bus for the relaxing drive home.

For more information about our club please contact Michael on 0439 551 209

**NEWSPAPER** **AMERICA'S POST** **N**  
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**Paul & Kathy Cameron**

Wantirna Mall **Now Open**  
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## Girl Guides Celebrate World Thinking Day

By Rebecca Whitehead - 2nd Wantirna Heights Guides

World Thinking Day is a very special day for Girl Guides – we gather and celebrate our worldwide movement with our sisters in Guiding and share a program of activities. World Thinking Day is marked on 22nd February each year on the day of our Founder Lord Robert Baden Powell's birthday.

Fun facts – even though Lord BP is often credited with founding Girl Guides, it was the girls themselves that founded the movement using BP's Scouting for Boys as their model. The initial structure and organisation was boldly undertaken by his sister Agnes Baden Powell who was an intelligent educated and practical woman with many modern views. Upon marrying Lord BP, his wife Olave, was handed the mantel to further grow the movement across the global and began the solid foundation that we now enjoy.

Today the World Association of Girl Guides and Girl Scouts (WAGGGS) has many activities and programs for the members in over 140 countries. For World Thinking Day 2025 the program included activities and games reflecting on our past, present and future.

The local Guides of Wantirna Heights gathered to strengthen friendship and have fun in February at the local Wicks Reserve. These girls are aged 7 to 15 years old and working in patrol groups in a wonderful park in the early morning. To achieve the commemorative badge the girls enjoyed knot tying, craft, fun games and some quiet reflection.

Thank you to the amazing women who volunteer their time and skills with the local Girl Guide units.

Our Girl Guide groups currently have vacancies for girls aged 6-16 and provide a welcoming space for girls to make friends, laugh and learn new skills – and the first three visits are free.

You can find out more about Guides in your area scanning the QR code or visiting [www.guidesvic.org.au/be-a-guide](http://www.guidesvic.org.au/be-a-guide)



# From 28 April, rubbish bin lids are changing



Learn more

[knox.vic.gov.au/BinLids](http://knox.vic.gov.au/BinLids)

## Share your feedback

**Responsible pet ownership  
benefits everyone**

Council is renewing our plan for how we manage dogs and cats for the next four years – let's make sure it's pawsome!  
We want to hear from you whether you're a pet owner or not.



**Last chance to have your say by 13 April**  
[knox.vic.gov.au/HaveYourSay](http://knox.vic.gov.au/HaveYourSay)



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## One Last Lap for RSPCA's Million Paws Walk!



RSPCA's Million Paws Walk will return to communities across Victoria in 2025 to raise vital funds for animals across Australia on Sunday, 25 May, however after more than 30 fantastic years, this year will be the last lap nationally for Million Paws Walk.

RSPCA Victoria CEO Dr Liz Walker explained the funds raised at every walk would help end animal cruelty and this final walk will be one to remember.

"Everyone has such a fantastic time at Million Paws Walk and we're very excited to see all the amazing dogs with their families and friends again as we send the event off in style," Dr Walker said.

"We appreciate some people may be disappointed to hear this will be the final lap for Million Paws Walk, however the sheer logistical effort involved in running events on this scale, continually increasing event costs and the cost-of-living pressures on supporters means the event is no longer able to provide what it once could – maximum funding to help end cruelty to animals.

"While this will be the final walk the money raised will help us care for the thousands of animals coming into our shelter every year, including those rescued by our Inspectors.

"The cost of caring for the animals rescued by our Inspectorate is increasing every year, and your support is more vital than ever."

More than 6,000 people and around 9,000 dogs are expected to participate in six Million Paws Walk events across Victoria this year and the RSPCA is looking forward to celebrating with its supporters and finding new opportunities for the public to help animals in need.

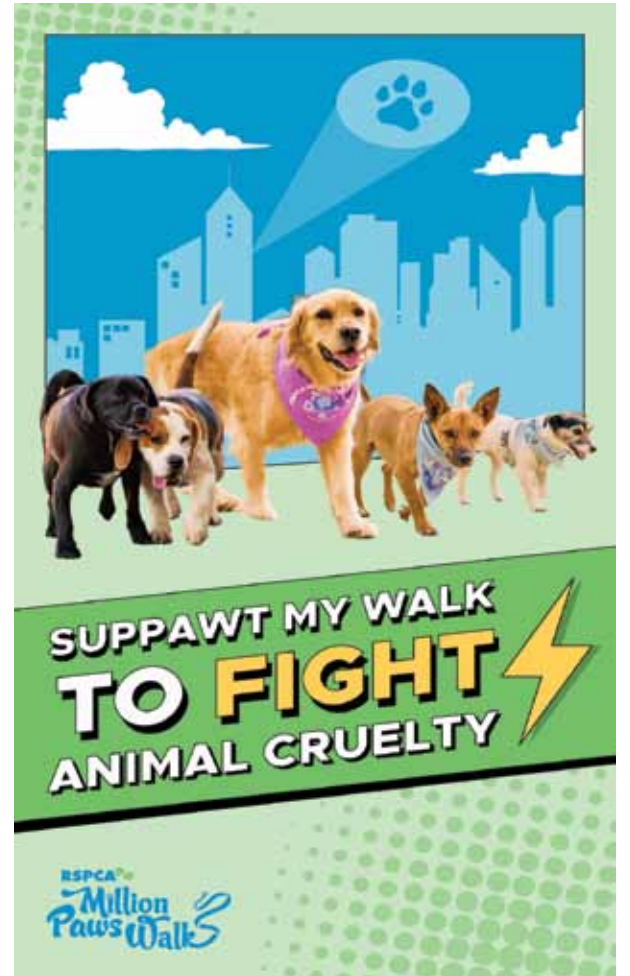
Locals interested in volunteering or businesses interested in running a vendor stall at this year's Melbourne Million Paws Walk can register at [MPW@rspcavic.org.au](mailto:MPW@rspcavic.org.au) or 03 9224 2564.

Registrations for participants at Million Paws Walk are now open, with a 'barking-mad' discount of 60% available until 7 April.

Head to [millionpawswalk.com.au](http://millionpawswalk.com.au) to register for your local walk and start fundraising today!

The Melbourne Million Paws Walk will be at Pelican Lawn on Albert Park Lake on Sunday, 25 May.

The event will start at 10:00 am, with the walk commencing at 12:00 pm and festivities concluding at 3:00 pm.

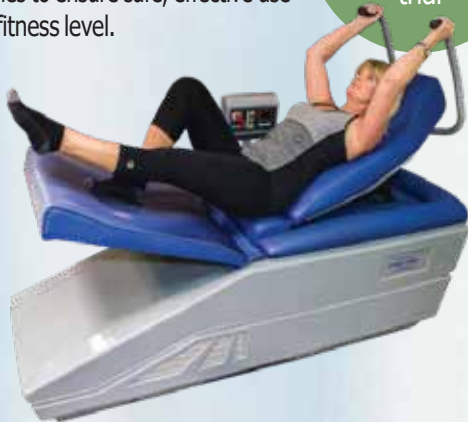


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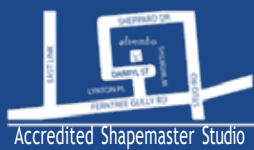


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## Wantirna Primary School

Wantirna Primary School offers a nurturing and inclusive learning environment fostering independence and confidence in all students. With a focus on social responsibility, resilience, and tolerance, we cultivate the knowledge, skills, and attitudes essential for lifelong success.

Our curriculum, aligned with the Victorian Curriculum, ensures students receive a well-rounded education. Through high-quality teaching, assessment, and reporting, we deliver engaging lessons that inspire curiosity, challenge, and joy.

In addition to core subjects our curriculum emphasizes achievement in English and Mathematics supported by strong partnerships between students, teachers, and parents. Parental involvement is encouraged through various activities such as classroom assistance, open days and school excursions.

At Wantirna Primary School, we offer specialist learning in STEM, Art, Physical Education, Cultural Studies, Auslan (Sign Language) and music, drama and dance provided by the Songroom. Our Before and After School Care Program provides convenience for families operating from 7 am to 8:45 am and 3:30 pm to 6 pm daily.

We prioritize community engagement through events like Community Lunches and cross-age activities



tailored to our school's needs and interests. During break times students enjoy social activities like gardening, Lego club, drawing club and puzzle club.

Our dedicated teaching staff ensure every child feels valued and supported fostering a challenging yet motivating environment for academic excellence. Prospective parents are invited to experience Wantirna Primary School firsthand through personalized tours available by contacting us at 9801-1938 or wantirna.ps@education.vic.gov.au. Join us in nurturing your child's potential for a bright future.

Why select Wantirna Primary School for your child?

We have a smaller school environment so students receive more personalized attention from teachers and staff. This individualized approach allows educators



to better understand each child's unique strengths, challenges, and learning styles tailoring instruction to meet their specific needs.

Our school has a strong sense of community and belonging. Students, parents, and staff often form closer relationships creating a supportive network that fosters a nurturing and inclusive atmosphere. This tight-knit community allows for more effective communication and collaboration between all stakeholders ensuring that everyone is invested in the success and well-being of every child.

Our school offers a learning environment where students feel safe and comfortable expressing themselves. We prioritize fewer distractions and disruptions, allowing for a more focused and conducive learning environment. This can lead to



### STEP INTO PREP AT WANTIRNA PRIMARY SCHOOL

We warmly invite all children starting school in 2026 to join us for an engaging introduction to school and connect with our wonderful community. Parents are encouraged to stay and participate or enjoy a coffee and a chat with other school families.

Join us for one or all of these sessions!

Session 1	Session 2	Session 3
Wednesday 30th April	Wednesday 14th May	Monday 26th May
2:30pm - 3:30pm	9:30am - 10:30am	10am - 11am
Storytime & bring your favourite teddy!	Art & Craft	STEM (Science and Technology)

#### To Register Your Attendance

Scan this QR code or call our school on 9801 1938



Follow us on Facebook for updates @Wantirna Primary School or visit our school website <https://wantirnaprimary.vic.edu.au/>

increased engagement, participation, and academic achievement among students.

We prioritize holistic development, emphasizing not only academic excellence but also social, emotional, and character development. By fostering values such as empathy, compassion, and responsibility. Our school helps students develop into well-rounded individuals who are not only academically proficient but also compassionate and socially conscious citizens.

Selecting our school for your child will provide parents with the assurance that their child will receive the individualized attention, support, and sense of belonging needed to thrive academically, socially, and emotionally.

Why wait, contact us today on 9801-1938 or check out our website at - <https://wantirnaprimary.vic.edu.au>

JULY 5-13, 2025      PRESENTED BY THE MELBOURNE CHRISTADELPHIANS      10AM - 8PM DAILY

## BIBLE EXHIBITION

THE BIBLE REMAINS THE WORLD'S BEST-SELLER - COME DISCOVER THE REASONS WHY

STEP INTO THE BIBLE EXHIBITION, WHERE YOU'LL EXPERIENCE CAPTIVATING DISPLAYS OF ARCHAEOLOGICAL REPLICAS, RARE AND ANCIENT BIBLES, INFORMATIVE EXHIBITS, AND IMMERSIVE AUDIO-VISUAL PRESENTATIONS.

HERITAGE COLLEGE KNOX 977 BURWOOD HWY, FERNTREE GULLY      FREE ADMISSION

## St Lukes Primary School

St Luke's Primary School is committed to the development of the whole student. Through the assimilation of skills, knowledge, moral and social attitudes, each student is encouraged to take his/her place as a creative member of the community.

Our belief is that every student has an innate and special worth. Therefore, at St Luke's Primary School we endeavour to create an atmosphere in which all who experience the community may grow in their own richness, fullness and integrity. Our administration, including financial, works towards creating this atmosphere. We believe this can be achieved in the knowledge of God's love for each of us, and by an increasing awareness of a response to His Presence in our lives.

We are deeply proud of our strong ties with the Parish community and our unwavering dedication to our Catholic identity. Our students have countless opportunities to express and deepen their faith through interactive religious education, involvement in social justice projects, and support for the activities of our vibrant Mini Vinnies program.

At St Luke's, we are educating students for the future so that they can be adults that are productive and fulfilling members of our community.

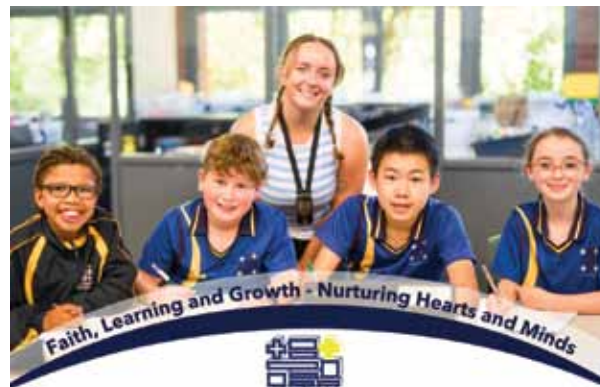
Our programs are built on the strengths of each student. We achieve this by knowing each student, where they are on the learning continuum and what they need to learn to progress. Our programs support students to meet new challenges and encourage students to strive for excellence.

At St Luke's, we prioritise wellbeing to ensure a happy and safe environment for all students. We believe that nurturing this sense of wellbeing is a collective responsibility shared by both parents and school staff who must work together to support and inspire students in developing vital health and wellbeing skills. Children who are happy, self-assured, and capable of building meaningful

relationships are more likely to thrive in all areas of their lives. Our commitment is to provide a safe and supportive atmosphere that promotes positive learning outcomes and enhances the wellbeing of our students, staff, and the wider community.

You are warmly invited to have a tour at St Luke's and experience for yourself our wonderful school and all of the opportunities it can give your child and family. Please visit <https://www.slwantirna.catholic.edu.au>,

call the school office on 9801 6917 or email [info@slwantirna.catholic.edu.au](mailto:info@slwantirna.catholic.edu.au) for further information or to book a tour.



**St Luke's Primary School**  
Wantirna

Join our Principal for School Tours at 9:30am and 12:00pm on:

- Tuesday 18th March
- Tuesday 1st April
- Tuesday 29th April
- Tuesday 13th May

SCAN OR CALL TO  
BOOK A SCHOOL TOUR  
9801 6917

St Luke's Wantirna  
25 Tonkin Road Wantirna | [www.slwantirna.catholic.edu.au](http://www.slwantirna.catholic.edu.au) | [info@slwantirna.catholic.edu.au](mailto:info@slwantirna.catholic.edu.au)

**\$40 Per Table**  
Registrations Required

Bring the Family

Join the Fun!

**SUNDAY 4TH MAY**  
11AM - 2PM

**ST LUKE'S MARKET**  
**SUNDAY 4TH MAY**  
**11AM - 2PM**

Everyone's Welcome

Book your table at  
[info@slwantirna.catholic.edu.au](mailto:info@slwantirna.catholic.edu.au)  
or Phone 03 9801 6917

**Community News**

Available online at  
[www.studfieldwantiranews.org](http://www.studfieldwantiranews.org)

Find us on Facebook

## Wantirna College Celebrates Excellent Academic Results



Wantirna College held their annual Honour Roll Assembly in February celebrating the excellent academic achievements of their students.

Last year, College Dux, Nathan Krause, achieved a near perfect VCE score of 99.25 and twelve students achieved results in the top ten percent of the state, with 90+ ATAR scores.

Over 152 students received Tertiary offers with other students gaining apprenticeships or employment.

At the assembly, the Honour Roll students gave their insights and tips to the 2025 Year 12 cohort who had lots of great questions.





## What's new at Your Library? by Karla Simon

As the weather turns cooler, Your Library has so much to offer! We've planned activities to help you meet new people, learn something new and get creative. You can find our autumn 'What's on' guide at any branch or online at [yourlibrary.com.au](http://yourlibrary.com.au). Look out for the winter edition in the first week of June 2025.



### New books and DVDs

Enjoy the latest selection of the books and DVDs at Your Library. To place a free reservation on any of the titles below and more, visit [yourlibrary.com.au](http://yourlibrary.com.au).

### Top Reads

- Brooke Shields is not allowed to get old: thoughts on aging as a woman / Brooke Shields with Rachel Bertsche
- North is the night / Emily Rath
- Blood and gold / Michael Trant
- Immortal / Sue Lynn Tan
- The last days of Kira Mullan / Nicci French
- Wings above the Mallee / Léonie Kelsall
- The convenience store by the sea / Sonoko Machida
- Iron & embers / Helen Scheuerer
- The let them theory: a life-changing tool that millions of people can't stop talking about / Mel Robbins
- Beautiful ugly / Alice Feeney

### New DVDs

- Accused. Season one
- Dalai Lama : enlightened
- Her Majesty, Mrs. Brown
- Labor Day
- Land of happiness
- The winter king
- Under the vines. Series 3
- The umbrellas of Cherbourg
- The Stones and Brian Jones
- Midas man

### Events at Your Library

Attend exciting events and activities at Your Library! Book your place (where needed) by calling 1300 737 277, in person at any library branch, or online via our website [events.yourlibrary.com.au](http://events.yourlibrary.com.au).

#### Autumn Plant Swap and Preserving Workshop

SAT 5 APRIL, 11AM-1PM

Miller's Homestead, Dorrigo Dr & Melrose Ct, Boronia  
Let's celebrate this fruitful season together as we share plants and produce whilst learning how to preserve our harvest with Maria from My Green Garden. Presented by Knox City Council's 'Gardens for Harvest' program. Bookings required (FREE)

#### Meet the Author: Michael Toomey

SAT 12 APRIL, 10:30AM-11:30AM

Rowville Library, Stud Park Shopping Centre, Rowville  
Local author Mike Toomey has a long history of educating and storytelling. Mike also has an interest in Cold War history, so it's not surprising Blue Streak is a Cold War thriller. Come and hear about the inspiration behind his writing. Bookings required (FREE)

#### Neil Lindsay: The Impossible Survivor

TUE 22 APRIL, 11AM-12PM

Knox Library | Ngarrgoo, Lvl 3, 425 Burwood Hwy, Westfield Knox

Join author Jeff Steel as he recounts the incredible adventures of Neil Lindsay in World War Two from his book, The Impossible Survivor. Bookings required (FREE)

#### Healthy Ageing with LiveUp

THU 8 MAY, 2PM-3PM

Rowville Library, Stud Park Shopping Centre, Rowville  
If you're ready to throw out tired stereotypes about ageing, try new interests, or take up some old ones, join John from LiveUp, who will help you take control of how you're ageing. Bookings required (FREE)

#### Biggest Morning Tea – fundraising events

MON 12 MAY, 10AM – Croydon Library | THU 15 MAY, 10AM – Rowville Library | THU 22 MAY, 10AM, Ferntree Gully & Mooroolbark Libraries | FRI 23 MAY, 10AM – Bayswater Library

Enquiries: 1300 737 277

Come along and enjoy a cuppa and a sweet treat for the cost of a gold coin donation. All proceeds raised will be donated to Cancer Council Victoria. No need to book! (FREE)

#### Meet the Author: Nicola Marsh

THU 15 MAY, 6:30PM-7:30PM

Knox Library | Ngarrgoo, Lvl 3, 425 Burwood Hwy, Westfield Knox

Join local bestselling author of 86 novels, Nicola Marsh, for a book event to celebrate her latest release, Where the Heart Is. She'll also discuss swapping physiotherapy for a prolific career as a full-time author. Bookings required (FREE)

### Insurance Health Check

THU 15 MAY, 5:30PM-7PM

Rowville Library, Stud Park Shopping Centre, Rowville

Join a representative from Eastern Community Legal Centre for an opportunity to check whether you are underinsured, avoid common pitfalls of insurance, navigate the claims process and provide resources for getting support before, during and after a disaster. Bookings required (FREE)

### Online Shopping – The Pros and Con(artist)s

FRI 16 MAY, 10:30AM – 11:30AM

Knox Library | Ngarrgoo, Lvl 3, 425 Burwood Hwy, Westfield Knox

In this session, we will take a look at the various websites and options you have when shopping online as well as how you can stay safe from scams. Bookings required (FREE)

### Meet the Author: Kerry Mayne

SAT 31 MAY, 11AM-12PM

Bayswater Library, Mountain High Shopping Centre, Bayswater

Come and meet Kerry Mayne, author of Lenny Marks Gets Away With Murder and Joy Moody is out of Time. Learn about her unique blend of experiences as a writer, police officer, and former wedding photographer. Bookings required (FREE)

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- Spelling?
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[volunteers@erl.vic.gov.au](mailto:volunteers@erl.vic.gov.au)



Mountain District LEARNING CENTRE

# ARTS & ENTERTAINMENT

## News from the Australian Jazz Museum

*Preserving Australian Jazz for Current and Future Generations*



### The Museum's Multi-function Room Upgrade *by Ken Simpson-Bull OAM*

The Jazz Museum's main room, officially known as the Ray Marginson room (after the Museum's founder) serves as the major exhibition area hosting displays of significant jazz instruments (e.g. Ade Monsborough's unusual plastic saxophone and Graeme Bell's piano) as well as other treasures. It is also used for special exhibitions such as the topical "Women in Jazz". In addition, the room is the venue for the live band performances given to community groups during "lunch and tour" visits.

A much-needed renovation was planned to display more of the museum's large collection, much of which was unfortunately stored away out of sight. The upgrade involved removal of the reference library with its very large bookcase. The bookcase was disposed of and the books rehoused in a "Compactus" unit in the international storage area in the back room.

New carpet tiles were laid, a fresh coat of paint applied, and two extra glass display cases purchased. The work was done by volunteer staff and financed by a small fund-raising exercise. Visitors to the museum will be pleasantly surprised!



*Above: The Reference library before its relocation.*

*Left: Work in progress showing the new carpet tiles, the new display cases, and Graeme Bell's piano.*



### The Australian Jazz Museum

15 Mountain Highway, Wantirna is open free to the public on Tuesdays 10.00am to 3.00pm.

For Group visits, which include refreshments and a live band performance, email [tours@ajm.org.au](mailto:tours@ajm.org.au) Visit the website at [www.ajm.org.au](http://www.ajm.org.au)



#### SEASON DATES:

Friday 4 April 8pm Opening Night  
Saturday 5 April 2pm Matinee  
Saturday 5 April 8pm Evening Show  
Sunday 6 April 5pm Early Show  
Thursday 10 April 8pm Evening Show  
Friday 11 April 8pm Evening Show  
Saturday 12 April 5pm Early Show

#### TICKET PRICES:

Adult \$30  
Concession (students / pensioners) \$28  
Child (15 & under) \$20  
Family (2 adults & 2 children) \$80  
Group Bookings: (10 or more) \$28 per ticket

#### PERFORMANCE VENUE:

Boronia K-12 College, Performing Arts Centre  
Albert Avenue, Boronia, (park at R'view Rd end)

#### TICKETING LINK:

<https://cppcommunitytheatre.com.au/> For all ticket enquiries, please email: [tickets@cppcommunitytheatre.com.au](mailto:tickets@cppcommunitytheatre.com.au)

Parental guidance is advised, and it is not recommended for children under the age of 12.



Community Music and Performances Inc.

### Jazz on Sundays

Ringwood Bowls Club  
2-12 Loughnan Road Ringwood

- Sunday 13 April
- Sunday 14 Sept
- Sunday 18 May
- Sunday 12 Oct
- Sunday 22 June
- Sunday 9 Nov
- Sunday 13 July
- Sunday 7 Dec
- Sunday 17 Aug

**1:30 - 5:00pm**

**Doors Open for a buffet lunch at 12:30pm (bookings essential)**

**More Information: Ann Craig  
0412 063 603**

Bookings – [trybooking.com/BVWQE](http://trybooking.com/BVWQE)

Facebook: CMap Inc – Community Music and Performances Incorporated

### THE FERTREE GULLY ARTS SOCIETY

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Open Fridays 1- 4pm Weekends 11- 4pm

Or when our flag is flying.

**APRIL EXHIBITION  
March 29 to April 27**

**"FOUR MEDIUMS"**

Opening & Awards Presentation 13TH April at 2pm Acrylic, Oil, Watercolour and Pastel  
This exhibition is open to anyone to enter artwork. An excellent exhibition showcasing many subjects

In one or more of the four mediums.

This is an excellent opportunity to enjoy the amazing creativity of many talented artists.

**MAY EXHIBITIONS  
May 3 to May 25**

**FOYER - "CAUSATIONS"**

Artwork by Michael Ferrier, a very talented artist

**GALLERY - "PATHWAYS & PORTALS"**

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Realistic? Fantasy?

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[www.thehutgallery.com.au](http://www.thehutgallery.com.au)

# KNOXFIELD & SCORESBY NEWS



## Hello from Knoxfield Ladies PROBUS Club

by Bev Bishop

Officially Autumn. How the year rolls on as we try to keep up with events and outings. It keeps us busy fitting things into our calendars and diaries, and we are thankful for these social activities with our Knoxfield Ladies Probus friends.

Our bus trip for February was to the wonderful award-winning Cranbourne Botanic Gardens. The trolley bus "Explorer" was fully booked for us, and how glad we were as the day turned out to be extremely hot, sunny and windy, not conducive to walking around the various pathways.

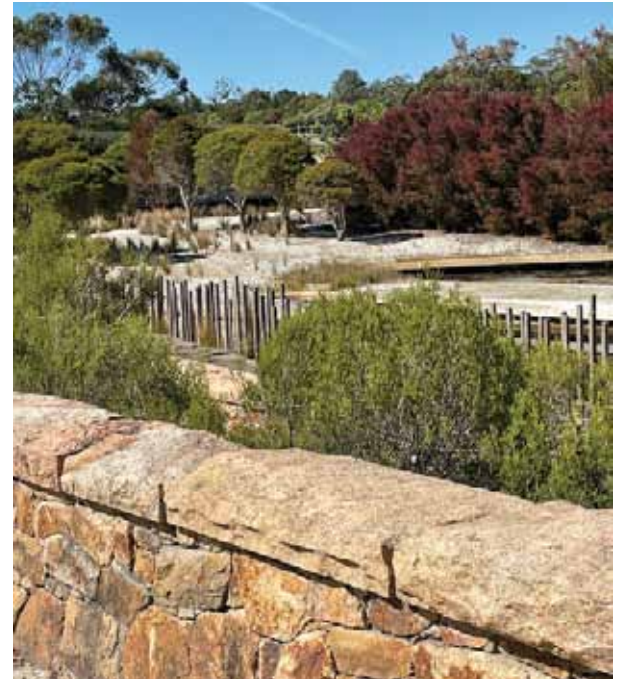
Our trolley driver Sue's commentary was very interesting as she pointed out various native trees and plants in the 363 hectare site and giving us the history of the gardens. The on-site Boon Wurrung Café supplied us with plenty of options for lunch as we looked out over the striking red sand garden.

A few days before this trip, a group of members attended the 1812 production of Agatha Christie's "Spider's Web" at the new time for Sunday, 2pm. It was an excellent performance very much enjoyed by the audience. Our Speaker Convenor Marie knows what we enjoy. Marge Harvey titled her talk to us "Chandeliers and Mould" which turned out to be an informative chat about food hygiene. Our Dinner Group leader Andrea has organised our visits to Kingsland in Boronia, La Porchetta in Rowville and Cinta Raya in Scoresby – all provide a variety of good meals.

We are looking forward to lunch at the Kilsyth Club, a bus trip to Skyhigh with lunch at the Mt Dandenong Hotel as well as our twice monthly Sunday brunches. Would you like to join us? We do have a lovely time with much chatting and laughter.

Please contact our Membership Officer Val Poll on 0425 705 053.

We meet the third Wednesday of each month at the Wantirna Club at 10.30 am. Your first meeting with us is completely free. We look forward to meeting you.



**ROWVILLE PICTURE FRAMING**

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SATURDAY: 9AM - 2PM

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**KNOXFIELD NEWSAGENCY**

1597 FERNTREE GULLY ROAD TEL: 9764 8260  
KNOXFIELD FAX: 9764 9215  
VICTORIA

EMAIL: [knoxfieldnewsagency@hotmail.com](mailto:knoxfieldnewsagency@hotmail.com)

Monday to Friday 7.00am to 5.30pm  
Saturday 7.30am to 3.30pm  
Sunday 7.30 am to 10.30am

**Community News**

Available online at  
[www.studfieldwantiranews.org](http://www.studfieldwantiranews.org)  
Find us on Facebook

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# KNOXFIELD & SCORESBY NEWS

## Stay Active and Connected at the Seniors Exercise Park

The Seniors Exercise Park is located within Carrington Park in Knox and is an easy and free way to exercise and connect with others.

Is a great place to train and improve your balance, strength, coordination and flexibility. It features 16 different exercise stations, shade sails, drinking fountain, bench seating, and a rubber cushion flooring layer. It is also the perfect place to make new friends.

Best of all, it is free to use, all day, every day.

There are 16 different exercises at the park which work on:

- Strength
- Balance
- Flexibility
- Mobility
- Coordination
- Functional movements.

There are instructions on each exercise station with three different levels to work with.

Instructions can also be found via the National Ageing Research Institute Limited (NARI) website



Senior's Exercise Park at Carrington Park, Knoxfield - photo courtesy of Knox City Council

or via their mobile app: My ENJOY Health mobile application. Visit: <https://www.nari.net.au/at-home-exercises-for-older-people>

The NARI website includes how-to videos for each exercise and guides you on the types of movements and exercises that suit you best.

**Seniors Exercise Park**  
Carrington Park, 20 O'Connor Road, Knoxfield

Wear study shoes, and pack a hat, drink bottle and don't forget the sunscreen.

Visit: <https://www.knox.vic.gov.au/our-services/sports-parks-playgrounds-and-reserves/sports-and-leisure/seniors-exercise-park> for more information.



Every candidate receives a \$value per vote.

During a cost of living and housing crisis, the Labor and Liberal parties passed legislation to increase the \$ value from \$3.38 per vote to \$5.00 per vote - an increase of almost 48%.

This change will cost taxpayers an extra \$20 million. They are out of touch.

Yes, as an independent, I get the same payment, but I am sourcing my election material from local Aston businesses. This means taxpayer \$ are going back to Aston businesses.

**Send the major parties a message that we will not be put second any longer.**

Authorised by Andrew Williams PO Box 2687, Rowville, Victoria 3178

## Vote 1 Andrew Williams INDEPENDENT FOR ASTON

Want to know more about where I stand on the issues that matter

go to

[www.andrew4aston.com](http://www.andrew4aston.com)  
and check out my posts page for more information.



## A True Independent

I am a true independent which means I am not preferencing any party. **YOU PREFERENCE THE PARTY THAT YOU WANT TO GOVERN AUSTRALIA**

**Vote 1 Andrew Williams** then Vote 2 for the party that you would prefer to govern Australia. If I don't end up in the top two - your preference goes to who you choose. It is your vote - your preference - not mine.

**An independent voice to represent the voters of Aston - Not a voice to represent a political party**

# ENVIRONMENTAL NEWS

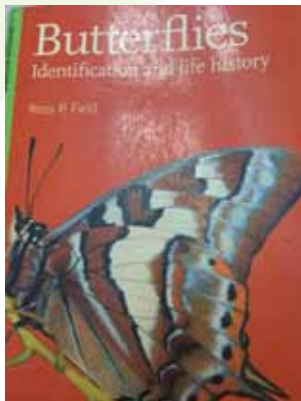


## What's been happening at the Ringwood Field Naturalists Club ?? by Alison Rogers

Our group enjoys, monthly speakers, weekend outings and twice a year week ends away. The outings and weekends away are usually conducted by our own members. We acknowledge volunteers work in providing these opportunities for us to not only enjoy the Australian bush and its contents but also to learn so much from each other.

### Meeting - Feb Speaker: Dr Ross Field - "Butterflies of the Dandenong Ranges and eastern suburbs"

Ross commenced with some statistics about butterflies (world-wide 20,000 species with 450 species in Australia of which 131 found in Victoria and around 50+ in the Dandenong Ranges). He showed examples of many butterflies, caterpillars which feed exclusively on mistletoes as well as a number of butterfly caterpillars that prefer a different food source including wattles, nettles, numerous grasses and other herbs and shrubs. He talked briefly about plants for your garden that will attract butterflies. He concluded with a short look at long-term butterfly trends and climate change. At the conclusion he showed a short video of the North American Wander Butterfly in the tens of thousands in Mexico. Truly amazing.



He concluded with a short look at long-term butterfly trends and climate change. At the conclusion he showed a short video of the North American Wander Butterfly in the tens of thousands in Mexico. Truly amazing.

### Excursion - Feb Excursion. Braeside Park. Leader Jack A

A little light patchy rain did not deter 20 members from a morning walk around the Braeside Park Wetlands checking out the birdlife. In all 60 bird species were recorded for the walk. Highlights included sighting Latham's Snipe, Nankeen Night Heron and Magpie Geese. As rain settled in, lunch was held under shelter

before the afternoon session was cancelled. The Braeside Park Wetlands are well maintained with wide mowed paths for easy access to the water areas.

### Meeting - March Speaker: Peter Rogers- "Lesueur National Park in Western Australia".

Peter provided information on how Lesueur National Park got its name, the fact it covers 26,987 hectares and is located to the north of Perth. The Park contains a diverse range of flora, including orchids, reptiles and birdlife. Also found in the park are native mammals, insects and beetles. He imparted detailed information as well as mentioning many of the plants having a very restricted range in and around the park. He concluded his talk with a photo of the very small and elusive Honey Possum. His talk showed many images taken on his latest trip to the area.



Roe's Jewel Beetle  
Peter Rogers

### Excursion - March weekend Away to Port Fairy. Leaders Inta and Roger N.

Recently a week end away was held for 34 members and 3 visitors to Port Fairy. Travelling down from Melbourne we noticed how dry Victoria has become. Meeting at Martin's Point we walked around George Dodd's Reserve, returning for a picnic tea. Many of us walked at dusk to the Shearwater (Mutton Birds) viewing area to watch the birds coming into their nesting area after having been out at sea all day to gather food. Whilst there we were able to watch the blood moon rise. How amazing was that?



Swamp wallaby  
Photo Peter Rogers

Saturday we were blessed with warm weather so able to walk right around Griffiths Island along the boardwalk, path ways and beach areas. Many birds were seen and some very friendly Wallabies who live on the Island.

Lunch at Martin's Point and off to Yambuk Lake for the afternoon. On the way back to Port Fairy we detoured to visit "The Craggs", a lookout area with great views of the rough Victorian coastline. Dinner out together that night. A good social time to discuss what we had seen through the day.

Sunday was wet and windy in the morning. We sheltered behind the cliffs over hanging the Killarney Beach area. Wandering the beach area we saw many sea birds including Sanderlings and Ruddy Turnstones, also looking at seaweeds that had been washed up on the sand. Moving on we travelled to Tower Hill Reserve now in warmer conditions. After lunch and spotting many Koalas in the tall gum trees we went for a walk along the Lava Tongue Boardwalk where many birds were seen.

At this stage some members headed back to Melbourne and others returned to Port Fairy. A great weekend away with many thanks to Roger and Inta.

### Future Program

Meeting - April 9th Speaker: Dr Tom May. "Fungi of Urban bushland: conserving, managing and recording".

May 14th Speaker: Steve Meacher. "Lead beaters Possums".

As you can see, we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm (temporarily) at the Ringwood East Senior Citizens Hall.

All visitors are welcome. For more details phone Alison 0438 6946 00 or Peter on 0409 6946 23

Check out our Website <http://www.rfnc.org.au> for details of our next meetings.



## Knox Community Gardens Society Where Our Community Can Grow

by Rod Felton

KCGS has recently started a Wednesday morning social event at the gardens. Please feel free to visit the gardens anytime between 10am and 12pm for a cup of tea or coffee, a biscuit and a chat. Zoe and John (both committee members) are looking forward to seeing you there. This invitation is open to anyone who you think may enjoy some social interaction. If you have family members, friends or neighbours who would be interested, please let them know – they are more than welcome! Refer to the foot of this article for our address. Park in the carpark at the front of the gardens and come right in!

KCGS is now in a composting relationship with Knox Infolink. Before I explain that, let me tell you a bit about Knox Infolink. They are an organisation of volunteers and staff supporting the local community of Knox. Support they provide includes emergency relief items, such as food parcels, meat, toiletries, nappies, pet food, phone and MYKI top ups, chemist vouchers, op shop vouchers, access to showers and education assistance. They also provide information and referrals to local services that can provide people with the support they require. They also support the community through a number of special projects. For more information, please visit their website <https://www.knoxinfolink.org.au/>



Now, back to composting. Infolink were looking at ways to dispose of their compostable waste. Knox City Council suggested they contact the gardens. After some discussions between Infolink and Geoff (our composting expert), they provided funds for a 400 litre Aerobin, which is now located next to our existing hot composting bins. The photo shows Anne (Infolink), Carol, Michael and Geoff showing off the new Aerobin. Several times a week, an Infolink volunteer visits the gardens and leaves the compostable waste, which is contained in sealed tubs. Geoff now incorporates the Aerobin and the

compostable waste into his existing composting process. If you would like to know more, Geoff is at the gardens most Tuesday mornings between 10am and 12pm. Please walk in and say hello!

What a magnificent day we had for KnoxFest 2025 held recently at Wally Tew Reserve in Ferntree Gully. The weather was ideal and the event was very well attended. At our marquee trading was brisk and most of our fresh produce was gone by lunchtime. Seedlings and plants were a bit slower but most were sold by the end of the day. The kid's free activity was a hit as well, with many happy children taking away a plant they potted up themselves. Thank you to everyone who stopped by, to buy some produce, marvel at our big pumpkin or to just say hello.

If you would like to drop in for a visit, have a look around or stop for a cuppa and a chat, the gardens are usually open on Tuesday morning from 9am to 12noon and on Wednesday morning from 10am to 12noon.

We are located at 51 Kleinert Road Boronia. Further information about KCGS is available on our website [knoxcommunitygardens.org.au](http://knoxcommunitygardens.org.au), facebook @knoxcommunitygardens or email [knoxcommunitygardens@gmail.com](mailto:knoxcommunitygardens@gmail.com)

# ENVIRONMENTAL NEWS

## Knox Environment Society The Tall Bluebell

by Anne Morton

Now that it is autumn, most of the plants in the native garden are taking a break from their peak flowering season. There is still some colour in the garden, but nothing compared with spring and summer.

Twiggy Daisy-Bush *Olearia ramulosa*

One of the plants that still has flowers present is Twiggy Daisy-bush *Olearia ramulosa*. This shrub grows up to 2 metres tall and spreads to 1 metre.

It is an open, quick growing plant that is happy in well-drained soils in semi-shade. Plant under existing trees and prune to encourage bushiness. Pruning as the flowers begin to die off can result in another flush of flowers.

The Twiggy Daisy-bush's masses of small, white daisy flowers appearing between October and May make this an attractive garden plant for a shady spot.

Cut-leaf Daisy *Brachyscome multifida*

Another long-flowering plant that tolerates full sun or full shade is Cut-leaf Daisy *Brachyscome multifida*. The profuse flower display comes in purple or white and both are available at the KES nursery now. Flowering peaks in spring and summer, but there are still many flowers on Cut-leaf Daisy to enjoy. Insects enjoy these flowers too.

Plants can spread in the garden and a massed planting makes for an attractive show.

### Autumn Festival at KES, Saturday May 10

Autumn is the time when we move into the peak planting season after the heat of summer. And to celebrate the Knox Environment Society is holding our Autumn Festival on Saturday May 10, from 10.00 am until 4.00 pm.

Once again there will be presentations during the day, plus exhibitors, activities, gardening advice from our experts and plenty of plants for sale just ready and waiting for the autumn planting season.

Keep an eye out for more information on our website at [www.kes.org.au](http://www.kes.org.au).

The Knox Festival at the beginning of March was a great success. The fine weather brought out a large crowd to enjoy all the displays and activities provided by the many exhibitors. The KES was pleased to be part of the festivities, with the nursery open all day.



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Why wouldn't we?????

check out my policy position on my posts at [www.andrew4aston.com/home/posts](http://www.andrew4aston.com/home/posts)



## A True Independent

National Infrastructure Maintenance Standard - ensuring our roads, schools and hospitals never fall victim of State Government neglect

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Strengthening laws to stop companies engaging freely in shrinkflation

Taxing international investors out of our residential housing market.

Supporting Australia's security by actively seeking to remove the 78,000 illegal non-citizens from Australia.

## Laughter Club News

### Can Laughter Yoga Improve Our Relationships?

Yes, it can! Hello again and can you believe we are a quarter of the way into 2025? There is not time to waste in our lives, being lazy, selfish or self-centred. It is likely that we can all improve our relationships and learn to communicate better. Can we keep learning, forever and until we cease to live? We most certainly can! What is more, whenever we begin, or return to having the attitude of doing our best and making our life count, it will be perfect timing. My 'Never ever, ever give up' motto originated from the content of Winston Churchill's speech in 1941, which was the year before I was born. I believe it applies to everything we are drawn to in our lives.

Most of us go to work for a time and perhaps reach a stage of seeing our unnecessary busy-ness, when we may have felt like life was happening to us, rather than our contribution in it all. We may make a decision about turning our life around, developing a more peaceful, harmonious life, connected with nature, holding greater meaning and purpose.

Laughter yoga has a place in all of this, the journey, self-discovery, empowerment, connections with ourselves and others. The prime reason for this is within the power of laughter and as well, connecting deep within our own sense of self and others. Laughter yoga particularly assists us in overall feelings of wellness in all of our bodies, emotional, mental, physical and spiritual. Our social connections are enhanced when we laugh together with people, especially in a group setting, as we do during laughter sessions.

If you are a regular reader of my articles, you will have heard me say how things may happen slowly, organically, minimally, as evolution is designed to be that way. We can also hold a keen focus, like tunnel vision, for change to take place quicker. Our body is complex and operates on many levels, subtle as well as what was mentioned in the previous paragraph. Subtle in so far as our feelings



are a sum of everything, including our soul and higher spiritual bodies (some people will relate to that).

Therefore, our relationships do in fact improve if we are involved in laughter yoga group activities and even to a lesser degree, laughing together with people in our daily lives.

How laughter yoga improves our relationships is therefore first and foremost, to belong to a laughter club, otherwise to practice it alone and develop your physical body awareness.

From my awareness and understanding, how it helps is the impact it has on our feeling of overall wellness, because the body benefits from laughing in a plethora of ways. Our relationships with others in our lives may possibly improve from some of the following.

We benefit from having improved communication and part of this is in this social group situation, we generally share by chatting together over a cuppa afterwards at Rapture café, in Ferntree Gully. This offers opportunities to find out things we have in common, lending a natural and loving support to others. Many people who come along live either actively involved or sedentary, lonely lives. Talking is important to feel we belong and have shared realities with others.

Seeing the gifts in other people is a pastime I like to be involved in, as everyone has something special about

them. No doubt many people love to do that as well, meeting with and finding mutual strengths and interests. But if we are too busy transmitting, needing to talk, blah blah blah, we will not be in a receptive, listening space and we will miss this people person richness. It is something I have been working on, being receptive and less needing to transmit. Although I'm very outgoing by nature, it feels important to balance that with being quiet, which develops an attitude which is more in harmony and balance with life, people, interests and relationships.

Conversations take on a life of their own as we discover how to truly listen to others. During laughter club, we practice being present, breathing, watching, listening, laughing and this simple formula assists in improving our ability to relate with other people. This all takes place very naturally and we may not even be aware of it.

Essentially, and summing up, laughter yoga is a great physical exercise which makes us feel better. Our communication and listening skills improve. It is a rich experience. Everyone benefits.

Yet again, I encourage and invite you to come to a laughter session in the park, or inside the Ferntree Gully and Boronia Libraries. It is never too late, and people have taken fifteen years or longer to do just that!

The Ferntree Gully Laughter Club meets at 11am on the 2nd & 4th Sunday of the month. We are at the Ferntree Gully Library 2pm on the 4th Tuesday of the month and the Boronia Library 11am the 3rd Saturday of the month recommencing in May.

First timers, please contact me, Lynette in case of a meeting change.

You may like to sign up on the website to receive an email newsletter or contact me to do it for you. Additionally, I send out a reminder email for the laughter club and have a Facebook group which you can join.

Cheerio for now and be kind to yourself.

Lots of Love and Laughter. Lynette Mitchell.

Phone: 0425 799 258

Email: [lynette@laughterforliving.com.au](mailto:lynette@laughterforliving.com.au)

Website: [www.laughterforliving.com.au](http://www.laughterforliving.com.au)

## Hands on Myotherapy



### Handbags, Posture and How Remedial Massage Can Help!

with Lana

Have you ever considered that your handbag might be causing you back problems?

This is something I have seen repeatedly in my 9-year Remedial Massage career.

We often have so much to cart around and it's very easy to throw everything into our handbags without thinking about the weight.

Many people, particularly women, carry their handbags on one shoulder, tending to favour their dominant side.

If your handbag is heavy, you'll find yourself unwittingly raise your shoulder to stop your bag falling off. This causes your shoulder and neck muscles to contract and can lead to a variety of issues like muscle spasms; tightness in the neck, shoulders and upper back; pain when turning your head; tight chest muscles; and a hunched posture that strains your spine.

When the muscles of your shoulder and neck area spasm, it can cause pain to radiate from the back of your skull to the front of the head, resulting in tension headaches that ruin your day.

The good news is that you don't have to put up with the pain and discomfort.

During your remedial massage therapy appointment, I will target tight chest and upper back muscles to improve flexibility, reduces stiffness, and gradually restore your posture to a more natural, upright position. I am always happy to discuss how I can tailor your treatments to your specific needs, so please call us for more information.

Ultimately, prevention is always better than cure! So instead of lugging a heavy bag on your shoulder, try wearing a crossbody bag; a well-fitted backpack; or clear out some weight from your handbag.

Lana is available Tuesday, Wednesday and Thursday for appointments, call us or book online.



- Back and Neck Pain
- Pregnancy Massage
- Knee and Leg Pain
- Deep Tissue Massage
- Sporting/ Occupational Injuries
- Golfer/ Tennis Elbow
- Headaches
- Sciatica

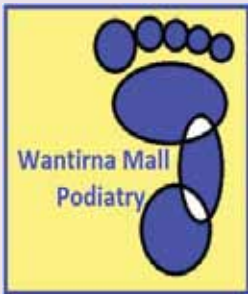
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Unit 10/603 Boronia Road  
Wantirna VIC 3152

Monday - Friday 9am to 7.30pm  
Saturday 8am to 1.00pm

[www.handsonmyotherapy.com.au](http://www.handsonmyotherapy.com.au)  
[enquire@handsonmyotherapy.com](mailto:enquire@handsonmyotherapy.com)

# NEWS IN GOOD HEALTH & WELLBEING



## Wantirna Mall Podiatry Melina Linardatos

(B. Pod, MBA and MHA, MAPA)

4/322 Mountain Hwy, Wantirna

Ph: 9720 1235

[www.wantirnamallpodiatry.com](http://www.wantirnamallpodiatry.com)

Online booking available

Open Tues to Fri 9am to 6pm and Sat 9am to 1pm



## Bunions

Bunions known as hallux valgus is a deformity of the big toe joint. This bony bump forms around the big toe joint when some of the bones in the front part of your foot displace, forcing your big toe towards your lesser toes and the base of the toe to protrude. Occasionally a fluid-filled sac called a bursa or corns and callosities may also develop over the area. Smaller bunions called bunionettes or Tailors bunions can also develop on the joint of your little toes.

23% of people aged between 18- 65 and 35.7% over 65 are known to develop Bunions<sup>(1)</sup>. The cause of Bunions is not clear but may be related to genetics, wearing inappropriate or ill-fitting footwear, foot structural variables, poor physical health, injury or related to arthritis. Bunions can be painful and progressive and can cause walking problems and deformity in the lesser digits.

Our Podiatrists can assess bunion deformities and can offer treatment options to help ease your symptoms which may include footwear advice, footwear fitting, padding and foot orthotics. However, these interventions will not cure bunions, surgery through a Podiatry surgeon or Orthopaedic surgeon may be the only option if pain persists.

1. Nix, S., Smith, M., & Vicenzino, B. (2010). Prevalence of hallux valgus in the general population: a systematic review and meta-analysis. *Journal of foot and ankle research*, 3, 21. <https://doi.org/10.1186/1757-1146-3-21>



## News from Wantirna Osteopathy

### Fear, Compensation, and Pain: How Patients Make Things Worse

Dr. Jason Stone (Sports Osteopath)



As an osteopath, I see many patients whose pain is worsened not just by injury but by fear and compensation. When fear of the unknown takes hold, pain perception intensifies, and movement patterns change—often for the worse.

Pain is influenced by both physical and psychological factors. When patients don't understand their pain, they often assume the worst, leading to stress and heightened sensitivity. This fear-driven avoidance of movement can cause local and wider spread stiffness, muscular weakness and delayed recovery.

To avoid discomfort, many patients unconsciously change how they move. A sore ankle might lead to shifting weight onto the other leg; lower back pain might cause a hunched posture. While these adjustments may provide short-term relief, they often maintain the pain and stiffness, create strain elsewhere and turn a minor issue into a chronic problem.

The key to recovery is education and gradual movement. Understanding that pain doesn't always mean damage helps patients regain confidence. Instead of avoiding activity, controlled movement restores function and prevents further dysfunction.

As osteopaths, we guide patients toward better movement patterns and address both physical and psychological aspects of pain.

By confronting fear and trusting their body's ability to heal, patients can avoid the downward spiral of compensation and prolonged pain, allowing for a smoother and more complete recovery.



### New Rehab Gym

- Sports injury
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- Plus more

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**Podiatrist**



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Rowena Harris MA SocSci Counselling  
ADHD Practitioner & Counsellor



mb: 0468 396 662  
e: riharris0019@outlook.com

Rowena Harris Counselling  
[www.psychologytoday.com.au](http://www.psychologytoday.com.au)



I am a certified ADHD Practitioner and Counsellor, providing support and guidance for adults experiencing mental health challenges, and those who have been diagnosed and recently diagnosed, with ADHD (Attention Deficit Hyperactivity Disorder).

The impacts of ADHD on someone's life can be huge, upsetting and challenging in both personal and work life, with organising, focusing and attention and prioritising tasks, to name just a few. Gaining knowledge, awareness and understanding of how neurodivergent brains work and the need for both emotional and practical support being very important. It is all about "how to work with your ADHD, not against it."

**If you would like further information and/or to book an appointment visit:**

[www.rowena-harris-counselling.com](http://www.rowena-harris-counselling.com)

Or please call me on 0468 396 662 or email:  
[info@rowena-harris-counselling.com](mailto:info@rowena-harris-counselling.com).

## Wantirna South Probus Club News

### Scavenger Hunt

To start 2025 Wantirna South Probus decided to do something different to wake up our brains. Before commencing our walk we gathered in a pack at Flinders Street Station at 10.30am to discuss what our plans were. Firstly form small groups of three or four people, hand out instruction sheets and each group head off in a different direction but taking note they were expected to attempt to solve every clue on both sides of the page. The weather was perfect. When planning this scavenger hunt we were not

sure how hard or easy to make the clues but there seemed to be enough to challenge everyone as well as have fun. The hunt took us about two hours after which we headed down to the Yarra River bank for our picnic lunch and check off the answers to the clues. A very happy group.



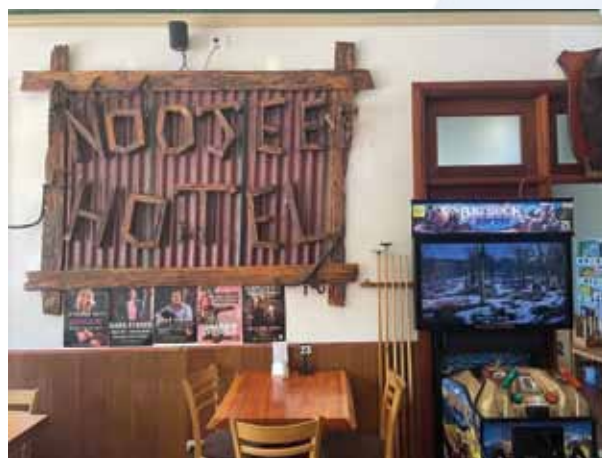
### January 26 - Australia Day

Our usual Wantirna South Social Sunday became an Australia Day celebration for 2025. The weather was perfect with the sun shining and the barbie was set up and ready to go. We arrived with plenty of Aussie flags, tee shirts and hats as well as platters of food to be shared. It was a great day and we were all proud to be Aussies. We did have one visitor from England who arrived the day before and she took her place nicely in amongst the celebrations.



## Studfield Wantirna Combined Probus Club News

The Studfield Wantirna Combined Probus Club welcomes active retirees to join to participate in Fun, Friendship and Fellowship activities provided by the Club. A recent outing was made to the Noojee Trestle Bridge where members were able to walk across the bridge and marvel about the engineering involved and appreciate the wonderful views from the top of the bridge. After this we frequented the Noojee Hotel where we had a wonderful meal and walk in the surrounding gardens. We have many varied activities throughout the year. Anyone interested in joining our Club should ring Pauline Van Hamersveld on 0458 003 985.



## Life Activities Club Knox

Join the Life Activities Knox community! We are a welcoming and diverse group dedicated to engaging in a variety of activities that cater to different interests. Our offerings include indoor events at our Hall in Ferntree Gully, outdoor walking groups, community theatre outings, and dining experiences.

To explore what we have to offer, feel free to contact Lorraine, our Membership Secretary, at 0438 068 334. She will gladly send you our Newsletter via mail or email. Thanks to a generous Council Grant, we have recently enhanced our facilities with an audio-visual setup, enabling us to host film afternoons alongside our regular programs.

In the past three months, we have held a productive planning meeting where exciting new activities were proposed. We successfully toured Rayner Orchard and resumed our popular Exercise Sessions at Wattle Hall on Thursday mornings, attracting many enthusiastic participants. Upcoming events include a tour of the Block Arcade, a Line Dancing demonstration (potentially becoming a regular activity), and a Ferry Trip to Portarlington with lunch. We will also visit the beautiful Lotus Gardens in Yarra Junction.

We invite you to experience three activities of your choice to discover the fun, friendship, and sense of belonging that our Club offers. Join us and find the activities that resonate with you while making new friends along the way!

## EACH Financial Counselling

by Bridget Morcom

Could you be a victim of financial abuse....?

Does someone close to you control your spending or finances?

Are you paying off someone else's debts?

Is someone stopping you from having access to your money?

Has your credit report been impacted by another person?

Financial Abuse is a form of family violence where someone close to you is controlling your financial situation. It could be by stopping access to your own money and bank accounts, or through being forced to pay another person's debts or expenses. It may be by withholding money, forcing you to sign financial documents or using the tax or child support systems against you.

- Usually, the financial control is by a current or ex- partner, carer or other family member.
- Financial abuse is often hidden and can be over-looked. Sometimes it can go on for years – even when a relationship has ended.
- Older Australian's can be at particular risk of financial abuse.

If you are in this situation, there is help available:

- You can contact your local family violence service - The Orange Door: <https://www.orangedoor.vic.gov.au/> ph 1800 271 150
- The Eastern Community Legal Centre: <https://eclc.org.au/> ph 1300 32 52 00
- Women's Legal Service: <https://www.womenslegal.org.au/> ph 1800 133 302
- Safe Steps : ph 1800 015 188
- 1800 Respect: ph 1800 737 732

You can also see a free financial counsellor

Financial counselling is an independent and confidential service that can offer you crucial support in regaining your independence and financial stability. Financial counsellors are trained professionals who can help victim/survivors of



financial abuse regain control over their finances. They can help you understand your rights and options.

Remember, there's no shame in asking for help. With the right support, it's possible to regain financial control, feel empowered and get back on track

If you have experienced, or are experiencing financial abuse, an EACH Financial Counsellor can provide free, confidential and independent help:

EACH Financial Counselling Intake on 9871 1817

Or the National Debt Helpline on 1300 007 007

NEW

## Kids Classes & Workshops!

At Orana Neighbourhood House, 62 Coleman Rd, Wantirna South

### Easter Holiday workshop - Fritters & Critters!

Tues 15th April, 10-3pm | \$50 includes materials & lunch

Come and celebrate Easter with our wonderful kid's holiday workshop at Orana - gardening, cooking and yoga with an Easter theme!

Our craft teacher will be making Easter wreaths with rabbits and Spring animals to hang on your front door. Our horticulturalist will teach you about growing and harvesting potatoes and carrots from our garden and then how to make delicious fritters with them! And finally, our yoga teacher will do some relaxing meditation and stretches to make you ready for an egg hunt at the end of the day!

Suitable for primary school age children, 6-12 years. Bring a snack, water bottle, hat and smile! Parents feel free to drop and go, or stay and use our community space for work. Scan QR or call the Orana office 9801 1895.

### Kids Art Classes - 9-12 year olds

*(Taking Expressions of Interest for 6-8 year olds)*

Thursdays 4pm - 5.30pm | 24th April - 3rd July, 11 weeks \$165 (all materials included)

A perfect creative class designed for primary school aged children 9-12 years old to develop new skills and techniques with our local artist. There will be opportunities for finding inspiration and sharing techniques in an informal setting using a variety of mediums.

### Kids Origami Classes - 6-8 year olds

Mondays 4pm - 5pm | 28th April - 30th June, 9 weeks \$117 No class 9th June (all materials included)

Origami engages many areas of your brain - visual skills, problem solving, trial and error, mathematics, engaging your dexterity and fine motor skills. It's also great for mindfulness, being able to slow down and enjoy the moment, unwind, and change your focus. Our origami classes are warm, friendly, calm and relaxing. Come and meet our teacher Isabella and have a trial of origami at our Open Day on Saturday 29th March, 12-3pm at Orana Neighbourhood House. Details on our Facebook page!

SCAN ME! >>>

For bookings, scan the QR code or call 9801 1895

## We make it easy to pathway into a job in Health Services

**4 WEEKS**  
FREE Pre-accredited Introduction to Health Services course

**9 MONTHS**  
FREE Accredited Certificate III in Health Services Assistance TAFE course

**2 WEEKS**  
Placement/ opportunities for employment with local health organisations

4 weeks intensive | Wednesdays 9:30-2:30pm

12th March - 2nd April (2nd intake)

30th April - 21st May (3rd intake)

8 weeks after hours | Tuesdays 6-8:30pm

29th April - 17th June (after hours intake)

Location: Learn Local - Orana Neighbourhood House

62 Coleman Rd. Wantirna Sth

This is a FREE pre-employment short course aimed at people who want to study Certificate III in Health Services Assistance in order to gain employment in the care and support industry. Hospitals in particular are in desperate need for Health Services Assistants!

Topics include:

- Overview of Health Services Sector, including the various roles and opportunities available in this industry (food services, personal care, patient services, ward assistant, health services assistant)
- Communication skills to work effectively with others
- A basic understanding of medical terminology, healthy body systems, infection control & workplace health and safety procedures

For bookings, scan QR code or call 9801 1895

## Ferntree Gully View Club

Our monthly luncheon meetings are held on the 4th Monday of each month (except December - it is the 3rd Monday) and includes a 2-course lunch, tea/coffee, raffle tickets at a cost of \$30. We have a meeting, then a speaker or entertainment. We support The Smith Family and raise money through our luncheons and in-house functions. We support 7 disadvantaged students through the 'Learning for Life' Program with The Smith Family. We also support a refuge for women and children escaping domestic violence.

Lunch Date - Monday 28th April - Speaker from the Guide Dogs Association.

Lunch Date - Monday 26th May - Anna Holsworth speaking on 'Pearls'.

If you want to join a welcoming and fun club, come join us. Visitors are most welcome.

Time: 11.00am for a 12.00 noon start.

Where: The Knox Club, corner Stud & Boronia Roads, Wantirna South

Bookings Contact: Romaine on 0421 400 549

## Wantirna Day View Club

Wantirna Day VIEW Club (Voice, Interests, and Education of Women), is a group of friendly women who meet regularly to enjoy social interaction, whilst also raising valuable funds for The Smith Family Learning for Life Program.

We meet on the 1st Wednesday of the month (except in January) at The Stamford Hotel - Cnr Stud & Wellington Roads, Rowville - 10:30 am for an 11:00 am start. Members contribute a small fee of \$12 per meeting, (which includes morning tea, room hire, and raffle), and lunch is available to order at your own cost. Most meetings also host a guest speaker/entertainment for members' enjoyment.

We would love new members to join. Ladies of any age group, and from any location, would be most welcome.

For more information please call our President - Kate on 0421 650 684

## Boronia VIEW Club

Boronia VIEW (Voice, Interests, education of Women) will meet on Friday 11 April and 16 May at 11.30am at Eastwood Golf Club Liverpool Rd Kilsyth with a 2-course lunch costing \$30 followed by guest speakers.

The guest speaker on 11 April will be a woman speaking about her experience with dragon boat racing which was developed as a form of exercise for women who had breast cancer.

The guest speakers on 16 May will be a mother/daughter combination who show how scarf tying can co-ordinate outfits.

There is a raffle, bookstall and trading table with all monies raised going to help the 8 students the club sponsors through The Smith Family Learning for Life program. This helps with their educational needs. The club is looking for new members so ladies of all ages and backgrounds come along and you will be warmly welcomed. There are also small groups within the club e.g. coffee and cards and book club etc. There are also occasional outings. Enquiries to Judith on 9764-8602

## What's On?

Event	Date & Time	Location	More Information
OLDER MEN : NEW IDEAS	2nd & 4th Fridays each month	Orana NH, 62 Coleman Rd ,Wantirna	Call Orana on 9801 1895
Changing Seasons Cafe	Wed to Fri 10.30am to 3.30pm Sat & Sun 9.00am to 4.00pm	31-34 Elizabeth St, Bayswater Access from the road	8720 1382 Facebook @ChangingSeasonsCafe
Wantirna Day View Club	1st Wednesday each month 10:30 am for 11:00 am start	Stamford Hotel Cnr Stud & Wellington Rds, Rowville	Kate on 0421 650 684
Ferntree Gully View Club	4th Monday of each month 11.30am	The Knox Club. Cnr Stud and Boronia Rd. Wantirna South	Romaine Meadowcroft - 0421 400 549
Boronia View Club	3rd Friday each month 11.30am.	Eastwood Golf Club Liverpool Road Kilsyth	Judith 9764 8602
Boronia Ladies Probus Club	3rd Wednesday of each month	Knox Club, cnr Boronia & Stud Rds Wantirna	Enquiries: 0435 136 472
Combined Probus Club of Wantirna Heights	First Wednesday of every month at 10am	Knox Boat Fishing Club, Schultz Reserve, Kingloch Pde Wantirna.	Michael 0439 551 209
iShred - Community Shredding Day	Sat. 12 April & 17 May 9am-12pm	5/7 Samantha Crt. Knoxfield	1300 763 688
Ringwood Field Naturalists Club	2nd Wednesday each month at 7.30pm	Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood	Alison or Peter on 9801-6946 <a href="http://www.rfnc.org.au">http://www.rfnc.org.au</a>
Lions Club of Wantirna	1st & 3rd Wednesday each month at 7.00pm	Lions Club room, Bayswater Community Centre, 739 Mountain Hwy. Bayswater	Paul 0400 823 441
Scoresby 55+ Social Circle	Thursdays 10am-12.00noon	Scoresby Football Club, Scoresby Recreation Reserve.	Jeanette 0407 308 671 or John 0405 698 554
Knoxfield Ladies Probus	3rd Wed. of the month at 10.30am.	Wantirna Club, 350 Stud Road Wantirna	Jo 0414 914 091
Lions Club of Knox	1st & 3rd Tues of month at 7.00pm	Our Saviours Lutheran Church Knox 646 Burwood Hwy, Knoxfield	Sue 0411 529 293
Probus Club of Wantirna Sth	2nd Wed of the month at 10.30am.	Wantirna Club, Stud Road Wantirna	Lesley Kelly 0409 028 959
Scoresby TOWN Club	Wednesdays 8.30am	Scout Hall behind 91 Lewis Road Wantirna	9761 1875
Boronia Probus Combined Club	2nd Thurs of the month at 10.00am	Boronia Bowls Club, 5 Marie Street, Boronia	Keiran Smith 0404 079 636
Rotary Club of Rowville Lysterfield	Tuesdays 6.45pm	Tosarias, 60 Henderson Rd, Rowville	Kevin Harrison - 0419 919 011
Rotary Club of Knox	Wednesdays 12.45pm	Knox Club, cnr Boronia & Stud Rds Wantirna	Gary Weston - 0409 553 168
Rotary Club of Boronia	Tuesdays 6.30pm	Knox Club, cnr Boronia & Stud Rds Wantirna	Greg Mossop - 0437 599 949
Rotary Club of Bayswater	Wednesdays 6.00pm	Rotary Club Rooms , Marie Wallace Reserve, King Street, Bayswater	Ron Bridges - 0414 843 427
The Boronia branch of CWA	2nd Wednesday of the month Craft Meeting - 4th Wednesday	CWA Hall at 4 Sundew Ave Boronia	Evelyn on 9762 1537 or 0434 722346
Ringwood View Club	2nd Wed of the month 11am	Ringwood Club, Maroondah Hwy	Heather 0411 219 248
KSSSG-Knox Stroke Survivors	2nd & 4th Wed of the month 10.30am	Crave Restaurant, 236 Dorset Road Boronia	Lister 0413095061 Rob 9758 8582 Anna 0414976619
Knox Photographic Society	2nd,3rd,4th Wednesdays 7.30PM	Boronia West Primary School. Tormore Rd Boronia (Enter via Swimming Pool car park).	Rob 0401943354
Studfield Wantirna Probus Club	2nd Tues monthly at 10.30am	Knox Club, 480 Boronia Rd Wantirna	Pauline 0458 003 985
Elm Street Mission	Mon, Wed, Fri 10 am to 2 pm	654 Mountain Highway Bayswater.	Ethne 0428 330 873 or <a href="mailto:info@elmstmission.org.au">info@elmstmission.org.au</a> .



## Knox Stroke Survivors Support Group Celebrate 20 Years

On February 26 KSSSG (Knox Stroke Survivors Support Group) held their 20th Birthday celebrations at the Mulgrave Country Club.

KSSSG was formed in February 2005 when Heather and Lister Sabin, Kim and Alistair Baker and Robert Morgan attended a Stroke Association of Victoria 'expression of interest' meeting aimed at creating a new Support Group in the Ferntree Gully area. As a result of that meeting, and with a generous grant

from the Knox City Council, the Knox Stroke Survivor Support Group came into being.

Well over 100 people have participated and gained support from within KSSSG with each of them getting valuable insights and knowledge to help with their continuing stroke journey through life. But most importantly, they learned to laugh again, to believe that there is indeed a good life to be had after stroke, and the importance of never, ever giving up.



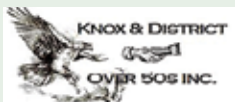
Did you know Radio Eastern FM 98.1 broadcasts Eastern Football & Netball League's Match of the Day each Saturday from 1:15pm, followed by a 5:15pm score wrap?

For sports fans, tune in at 6pm Wednesdays for all the headline sports and interviews at on The Sport with Jack and the team, plus a half-hour edition of The Local Sport at 6pm Fridays. Then on Saturdays at 7am it's The Eastern Sports Show with Col and Doug. Radio Eastern FM 98.1 is your home of local sport all year round.

Word is spreading fast around our Australia-Indian community about the new weekly one-hour radio program Hello Zindagi at 8pm Thursdays, repeated at 5pm Sundays.

Everyone likes Bollywood music and there's lots of information in Hindi and English about Indian culture, events and initiatives to keep the Knox community informed.

More information: 9722 9981 or radioeasternfm.com.au where you can also listen back to any program on any device.



## Knox Over 50s

At Knox & District Over50s we are a very friendly and sociable group who normally meet on the 4th Tuesday of each month from January to November. Our next General Meeting will be held at 10.30 am on Tuesday the 22nd of April, 2025, at Club Kilsyth, 1-15 Canterbury Road, Bayswater North, followed by lunch for those who wish to stay on.

We provide guest speakers, many day trips and an annual trip, visits to Boronia Cinema, coffee mornings, regular lunches at different locations around Knox and morning melodies.

During March, a lucky group enjoyed a Ferry Trip from Southbank to Williamstown. Beautiful Port Phillip Bay!! What a treat! At Williamstown, members were able to enjoy their own picnic lunch, or dine at one of the amazing range of cafes, pubs, etc. dotting the shoreline.

Coming up this month, is a tour of the Ambulance Museum in Bayswater. Not sure how our social committee find these hidden gems, but they come up trumps every time.

And, for a complete change of scenery, during May we are off to tour the old Pentridge Prison – H Division no less!!

Also in planning is a 6-day trip to the West Coast of Tasmania around November 2025. Our Social Committee is coming up trumps again!!

We have a monthly newsletter (Knox Natters Matter) which will keep you up to date with the many fun social activities available.

If you are interested in joining our group, please contact Kerry (on 0419 995 084) for further information.

We look forward to hearing from you or, more importantly, seeing you in the near future.

## Gully Market Update

The Gully Market, operating from the Upper Gully station carpark every Sat and Sun is pleased to announce another donation. Once again we will be donating \$5000 to the Angliss Hospital.

As yet it hasn't been determined what it will go towards. Will include that in the next issue. Our 2023 donation went towards the monitor pictured.

From now to Easter, we will be promoting this event in community papers and radio. This hospital is vital to the local community, with generations of locals born and cared for there. However the market needs the locals assistance, by supporting this little community market, so that we can continue to give back. Since Sept 2023, with this donation, it brings to \$28500 we have given back to various organizations.

Check out the gully market website. Ian Rice president, Tracy Pate treasurer, Rachael Foster media, Dianne PA





## Wantirna Tennis Club by Alison Rogers 2025

# SPORT NEWS

### Book a Court

Have you had a chance to come down and have a play on our new courts yet?

There has been a lot of interest in our five new classic clay courts and these along with our 5 en tout cas courts are being well used through our 'book a court' system. These courts are now available for booking both day and night. Just check out our website. When booking, select the 'lights' option so that the lights come on automatically for you before play. So come on down and have a hit, we welcome you all.

### Juniors

The summer competition has just been completed. After a great season, some of our juniors made the finals. Lovely to see those Premiership flags with those smiley faces. Others who didn't make the finals still had a great time playing the summer season and will be looking forward to the start of the winter season after the holidays.

Thanks to the supervisors and the parents who support their children with this great sport.

If you have children who would like to join in with the Junior Members of our Club and play some team tennis, please give us a call. Now is the time to add your name to the list for selection next season. Details at the end of this article. All welcome.

### Coaches Corner at Wantirna

The Easter Holiday Camp / Clinic will be on at the Club between Monday 7th April till Wednesday 9th April.

Time will be 10am till 2pm

A BBQ will be provided on the last day.

All Bookings should be made by calling or SMS to Troy at 0434 804 719

The junior coaching program is going well with many of those being coached moving on to playing Junior Competition for the Club.

Whether you would like your littlies to play Hot Shots with Ash or Cardio Tennis for both women and men with Troy or Bill give them a call. Cardio has been extremely popular. Classes are Tuesday and Thursday lunchtimes as well as Monday, Tuesday and Thursday evenings. Sessions are 45 minutes and it's a fantastic way to enjoy tennis while getting a huff and puff!

For anyone who hasn't tried Cardio Tennis yet, don't forget you're welcome to come and have a free trial.

A reminder that if anyone needs a new racquet, a restring or anything tennis related we can offer great service and pricing on all major brands.

Contact Troy on 043 804 719

### Social Tennis

Social Tennis is still going strong on Tuesday mornings. Even if the weather is hot or cold come on down and join the others or just have a coffee and a chat. It is lovely to see our group of social players expanding. They are a great group of friendly people.

If you don't feel you can commit to competition, or are not sure if you are good enough to play tennis, come on down and have a hit with some of the social players at the Club. You don't know till you have a go. All standards are welcome. Enclosed grounds keep young children safe and while they enjoy the playground, you can have a hit.

It is only \$5 for visitors, members free. All welcome.

### About Wantirna Tennis Club

Visit our website for details on how to join our Club. We have excellent facilities, including two BBQs, covered with a shade cloth sail. We have 10 tennis courts, 5 new classic clay and 5 en tout cas, 8 of these courts are under lights. We offer a range of competitive tennis and social tennis for both adults and juniors with an excellent coaching programme, plus Hot Shots and Cardio tennis. With safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Give us a call or check out our website to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.

**Club coaching team: Troy 043 804 719 and his Coaching team or email [t\\_murrell@bigpond.com](mailto:t_murrell@bigpond.com)**

**Wantirna Tennis Club Inc Melway Ref: 63C8**

**Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna**

**PO Box 5295 Studfield 3152**

**Club Secretary: Alison 0408576025 or email [wantiratennis@gmail.com](mailto:wantiratennis@gmail.com)**

**Web: [www.tennis.com.au/wantiratc/](http://www.tennis.com.au/wantiratc/)**

**WTC Face book: [www.facebook.com/.../Wantirna-Tennis-Club](http://www.facebook.com/.../Wantirna-Tennis-Club)**




i | s | h | r | e | d Community Day

5/7 Samantha Crt,  
Knoxfield  
1300 763 688  
[www.ishred.com.au](http://www.ishred.com.au)

Once a month iShred opens the doors of its facility which allow members of the community to have their personal documents professionally and securely shredded at an economical cost, with our mobile shredding vehicle.

Our Community Day caters for shredding of:

- Old documents
- X-rays
- CDs & DVDs
- Hard Drives
- E-waste (ie. Laptops, Computers, Cables, Keyboards)



**Our upcoming Community Days are on Saturday, 12th April and Saturday, 17th May from 9am — 12noon**

EST. 1988



## Graphic Engraving (Vic) Pty Ltd

### Signage and Engraving Services

Our services include manufacturing a large range of small labels, tags, signs and full colour stickers. We can cut, machine and engrave various materials including acrylic, aluminium, stainless steel and timber.

**P: 9764 0144**

**[sales@graphicengraving.com.au](mailto:sales@graphicengraving.com.au)**

**Factory 1/9 Samantha Crt, Knoxfield**

## Templeton Tennis Club News by Neil Houlston, Secretary

### Upgraded Facilities and Summer Competition Success

At the heart of our tightly knit community, Templeton Tennis Club thrives as a cherished local establishment, providing more than just a tennis venue but also a welcoming family-oriented location dedicated to the support of its members.

#### On-Going Club Upgrades

Thanks to a grant from Knox Council and the state government, we have multiple improvements to our club, both inside and out.

Our club as part of these upgrades has received:

- Newly Repainted Clubroom Bar (pictured).
- Newly Repainted BBQ Gazebo.
- New Bar Tables with Chairs.
- New Bench Seats on Outer Courts of each bank of courts.
- Planter Boxes to brighten up the club and down each bank of courts.
- New Barbeque for use during Open Days, Family Fun Days etc.
- New Electric Hedge Trimmer and Blower to help with maintenance.
- New Clubroom Tables and Chairs to help host events, including an upcoming Trivia Night.

#### Summer Weekend Finals

With our summer weekend competition coming to an end we have achieved a success of 5 junior teams in the semi-finals and all 3 adult teams on Saturday afternoons.

We would like to congratulate all players on another successful season!

#### Follow Us on Socials

To stay up to date with events, including the family fun day, and everything else happening at Templeton Tennis Club, make sure to follow our Facebook and

Instagram pages (@templetontennisclub). The active social page has the blue tennis ball icon for the profile picture.

**Templeton Tennis Club Inc.**

**Templeton Reserve, Templeton St Wantirna 3152.**

**Melway Ref. 63 G9**

**Membership: Leanne 0493 450 111**

**President: Chris 0425 763 106**

**Coaching: Kelly 0414 874 482**

**Website: [www.templetontennis.com.au](http://www.templetontennis.com.au)**

**Email: [president@templetontennis.com.au](mailto:president@templetontennis.com.au)**



**Special Olympics**  
Australia  
Melbourne Eastern Ranges



We're proud to be part of the Special Olympics Australia community which brings sport, joy and inclusion to people with intellectual disability/autism. Our shared vision is an inclusive Australia where people with intellectual disability/autism live active, healthy and fulfilling lives.



**Special Olympics**  
Australia  
Melbourne Eastern Ranges



**1<sup>ST</sup> EVER MER BOCCE CUP**  
**OVER TWO FRIDAY NIGHTS - 2<sup>ND</sup> & 9<sup>TH</sup> MAY**  
**ALL INCLUSIVE DOUBLES COMPETITION**

ENTRY FEE \$5.00  
FOR COMPETITORS

GOLD COIN FOR  
SPECTATORS



MIXED DOUBLES  
PLAY WITH A CARER, A  
FRIENDS, MUM, DAD, SISTER,  
BROTHER, ALL OTHER MER  
SPORTS ATHLETES ARE  
WELCOME TO JOIN IN

**Arrive 6.30pm - Games start 7pm sharp**

**Finals on Friday 9<sup>th</sup> May**

**1<sup>st</sup> - 2<sup>nd</sup> - 3<sup>rd</sup> - 4<sup>th</sup> Prizes Gift Vouchers for athletes**

**All others Athletes & Other players WILL RECEIVE Consolation prizes**

**Bookings for competitors on line by Monday 25 April**

Call Ian Hampton 0417 469 959 or Michael 0419 330 977

Booking Link on rear side of this flyer

**Let's make this a yearly competition and have  
some fun with our family and friends**



Bringing sport, joy and inclusion to  
people with intellectual disability/autism



**Mary Doyle MP**  
**Federal Member for Aston**

# Building Australia's Future

✉ [mary.doyle.mp@aph.gov.au](mailto:mary.doyle.mp@aph.gov.au)    **f** [marydoylemp](#)  
 ☎ (03) 9887 3890    **@** [@marydoylemp](#)

Authorised by Mary Doyle, ALP, Suite 4, Level 1, 420 Burwood Highway, Wantirna South, VIC, 3152.

Tax cuts for every taxpayer	\$300 off power bills	Cheaper medicines
Free TAFE	Free Medicare Urgent Care Clinics	Cheaper child care
Pay rises for aged care & child care workers	Reducing HECS debts	3 increases to minimum wages

These are all cost of living measures introduced by the Federal Labor Government

**because we understand the pressure families are under, and every little bit helps.**

**And if we're re-elected, we'll do more.**



Authorised by Mary Doyle, ALP, Suite 4, Level 1, 420 Burwood Highway, Wantirna South, VIC, 3152.

# YOU'LL BE WORSE OFF UNDER DUTTON

Dutton opposed **every single cost of living measure** introduced by the Federal Labor Government.

Dutton and his team have called for **\$350 billion worth of cuts.**

These **savage cuts** would have to come from Medicare, pensions, housing, schools, TAFE, women's safety and infrastructure.

**ASTON CANNOT RISK DUTTON!**



Authorised by L.Darmanin ALP, 4 Treasury Place, East Melbourne, VIC, 3002